## VILLAGE OF DOWNERS GROVE Report for the Village Council Meeting 9/15/2015

SUBJECT:	SUBMITTED BY:	
Motion to Authorize Contribution to DuPage Senior Citizens Council	David Fieldman Village Manager	

### **S**YNOPSIS

A motion has been prepared to authorize a \$20,000 contribution to the DuPage Senior Citizens Council.

### STRATEGIC PLAN ALIGNMENT

*Exceptional Municipal Services* is a strategic goal for 2015-2017. *Explore Intergovernmental Partnerships for the Provision of Human Services* was identified by the Village Council as a High Priority Action Item.

### **FISCAL IMPACT**

The proposal is to approve \$20,000 in FY15. The contribution to the DuPage Senior Citizens Council is not budgeted in the FY15 General Fund. General Fund expenses are currently estimated to be approximately \$612,000 below the FY15 budget, due to expense reductions and deferrals made in response to the State of Illinois proposed budget.

#### RECOMMENDATION

Action at the discretion of the Village Council

## BACKGROUND

This item was discussed at the September 1, 2015 Village Council meeting under New Business at the request of Commissioner Waldack. The Council directed staff to prepare a motion to authorize a \$20,000 contribution in FY15 to the DuPage Senior Citizens Council. Discussion regarding the FY16 contribution will take place during the budget process.

The proposal is as follows:

I propose that the Council address the request of the DuPage Senior Citizens Council (DSCC) for a restricted contribution to the Meals On Wheels Program for \$20,000 in 2015 and direct Staff to include \$30,000 in the 2016 budget.

On February 23, 2015, The DuPage Senior Citizens Council formally requested consideration of a \$30,000 contribution for its services, including Meals On Wheels program. To date, there has been no action on this request.

Council has identified intergovernmental cooperation on human services as a priority action item for 2015-2017. Human services needs require immediate attention and a decision should be made regarding both 2015 and 2016.

All Council members have been sent a packet with the request and a copy is readily available. Some of the highlights are that Downers Grove, as a municipality, has one of the highest concentrations of seniors in DuPage County and has not contributed since 2009. These services "allow elderly residents to stay in their homes and our Village and allow seniors to live as independently as possible while preventing expensive and premature institutionalization."

I ask for your consideration and approval on this two part item.

The DuPage Senior Citizens Council provides several services, one of which is the Meals on Wheels program. The program is funded by state and federal grants, contributions from meal recipients and other donors. Due to a mandate from the federal government's Older American's Act, the DSCC cannot exclude meals on wheels services to residents of municipalities that do not contribute funding to their program. However, financial shortfalls will require the DSCC to limit services to only the neediest Downers Grove and DuPage County residents as determined by a ranking system for eligibility upon intake.

Intakes for the Meals on Wheels program are conducted by the DuPage County Human Services, Senior Citizens Services, not the DSCC. Their ranking system bases a senior's level of need, in part, on an immediate risk, high risk or low risk rating scale. Inherent in the meals on wheels delivery program is a daily well-being check. Volunteers and staff are trained to look for and report any signs that a senior may need further assistance. This is a service level that municipal funding helps supports but it is not a requirement for providers of the meals on wheels program.

Eligibility for Meals on Wheels

• DuPage senior age 60 & over and the senior is in need of home delivered meals either because they are frail, home bound or living alone.

80% of seniors receiving meals are low income and fall between 0% - 51% of the median family income for one person households. (\$0 - \$26,400 a year for a one person household living in DuPage County)

The Village made an annual contribution to the DuPage Page Senior Citizens Council from 1998 to 2000. Below is a history of the contributions from 2005 to 2010.

Year	Funding Amount
2009	\$39,674
2008	\$39,674
2007	\$38,795
2006	\$38,799
2005	\$17,000

The contribution to the DuPage Senior Citizens Council is not budgeted in the FY15 General Fund. General Fund expenses are currently estimated to be approximately \$612,000 below the FY15 budget, due to expense reductions and deferrals made in response to the State of Illinois proposed budget. The table below shows the FY15 budget and estimates.

FY15 General Fund Budget vs. Estin	nate
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General Fund	FY15 Budget	FY15 Year-End Estimate	Difference
Revenues	\$44,824,624	\$44,822,756	(\$1,868)
Expenses	\$44,822,262	\$44,210,537	(\$611,725)

Attached is the request letter from the DuPage Senior Citizens Council, as well as additional information on the services provided within Downers Grove.

### **A**TTACHMENTS

Correspondence from the DuPage Senior Citizens Council







1990 Springer Drive, Lombard, IL 60148 • 630-620-0804 • fax 630-620-1158



Board of Directors: Terry Klein President

Marylin Krolak Executive Director

Kathy Sedivy Vice President/Treasurer

Cynthia Schmidt CFRE Vice President/Secretary

> Karen McClure Vice President

Sharon D'Alessandro

Sharon Jordan

Michael Micek

Aubrey Van Reken

**Emeritus Member:** Eileen R. Fitzgerald, J.D. Mayor Martin Tully

February 3, 2015

Village of Downers Grove 801 Burlington Avenue Downers Grove, IL 60515

Dear Mayor Tully,

This letter is to formally request funding in the amount of \$30,000 from the Village of Downers Grove for support of our programs that benefit at risk seniors with in your community.

The DuPage Senior Citizens Council (DSCC) relies on the support and partnership of the municipalities we serve to provide services allowing seniors to live as independently as possible while preventing expensive and premature institutionalization.

Our records show that the Village of Downers Grove has not supported DSCC since 2009. Downers Grove has one of the largest concentrations of older adults in DuPage County. We would hope that you would consider re-partnering with us and support our first responder/critical services that allow your elderly residents to remain in their homes and your Village. Enclosed our report and proposal for services provided covers the time period between 10/01/13 - 09/30/14, DSCC's last full fiscal year.

If you have additional questions, please contact me directly at 630-546-0626. We look forward to hearing from you soon.

Sincerely,

Marylin Krolak Executive Director

cc: David Fieldman, Village Manager Judy Buttny, Finance Director Village Council Members

Enclosures

www.dupageseniorcouncil.org

## DuPage Senior Citizens Council Summary and Proposal for Services For Village of Downers Grove

#### **History and Overview**

Established in 1975, DSCC is a non-profit agency committed to seniors and operates several programs, including the "*Meals on Wheels*" and Community Dining programs in DuPage County. Our mission is to promote the ability of elderly persons to live in dignity with as much independence as possible.

While much of American culture focuses on youth, DSCC advocates for the older generation who are the pillars of our society. These elderly persons have earned respect and deserve to live with dignity; however, many of them have become frail or otherwise lack the resources to provide for their own needs and rely on others for help.

Most of our clients are **homebound seniors who live alone**, and nearly **75%** of them are at or below the poverty level. DSCC is a safety net for many individuals who might not otherwise eat a hot meal each day or have someone to check in on them.

DSCC has historically received approximately half of its funding from federal and state grants, but that proportion has dropped substantially. The economy remains sluggish and the State of Illinois continues to face a fiscal crisis jeopardizing state funding for community-based services. Community support is needed now more than ever to maintain service levels for seniors and avoid cutting critical lifesaving components.

Following are the program descriptions and number of services provided to Downers Grove senior residents during the period 10/1/2013 to 9/30/2014. <u>Please note that these figures are also reflective of a typical and current 12 month time frame regardless of fiscal year.</u>

#### **Direct Services**

#### Senior Nutrition Program/"Meals on Wheels" & Community Dining

<u>16,700 meals to 210 unduplicated seniors</u>

"Meals on Wheels" are packed and delivered each weekday to frail and homebound seniors in Downers Grove by DSCC staff and volunteers who have been trained in food safety. The Community Dining Sites located throughout DuPage County also provides an opportunity for elderly persons to socialize, participate in activities, and receive valuable health and wellness information. All meals served are balanced, nutritious, and meet special dietary needs required, such as low sodium, vegetarian, or diabetic. Each meal is equivalent to 1/3 of the Reference Dietary Intake for adults 60 and over.

# Home Maintenance Program/Chore Days

## <u>25 Minor Home Repairs & Yard Clean Up services to 20 senior residents</u>

DSCC's Home Maintenance program provides low-cost minor home repairs which assist older persons with basic home responsibilities associated with daily living. Typical examples are repairing or replacing leaky faucets or toilets and installing smoke and carbon monoxide detectors, light fixtures, locks or deadbolts. Additional services which enhance seniors' safety and security include installing bath benches, grab bars, and non-slip strips, as well as repairing and reinforcing walkway steps and stair railings. In cases where homes require larger repair services, DSCC offers assessments and provides contractor referrals to seniors.

Chore Days are another service in the category of home maintenance DSCC offers the elderly. For three weekends during the spring and again in the fall, groups of volunteers of all ages help seniors with various outside chores such as raking leaves, gardening, trimming shrubs, and other yard tasks. This assistance enables seniors to keep up with the tasks of home ownership and increases their ability to remain in their homes.

## Well Being Checks

## <u>9,600 Well Being Checks assuring the health and safety of senior residents</u>

Our "*Meals on Wheels*" volunteers and staff conduct a daily Well Being Check with each meal delivery and each on-site home maintenance service. A formalized system has been implemented for alerting our staff to any observed changes in a senior's physical or mental health. This value-added procedure, which has been formalized this year, has already resulted in several documented cases of staff and volunteers saving lives by finding fallen or injured seniors upon visiting their homes.

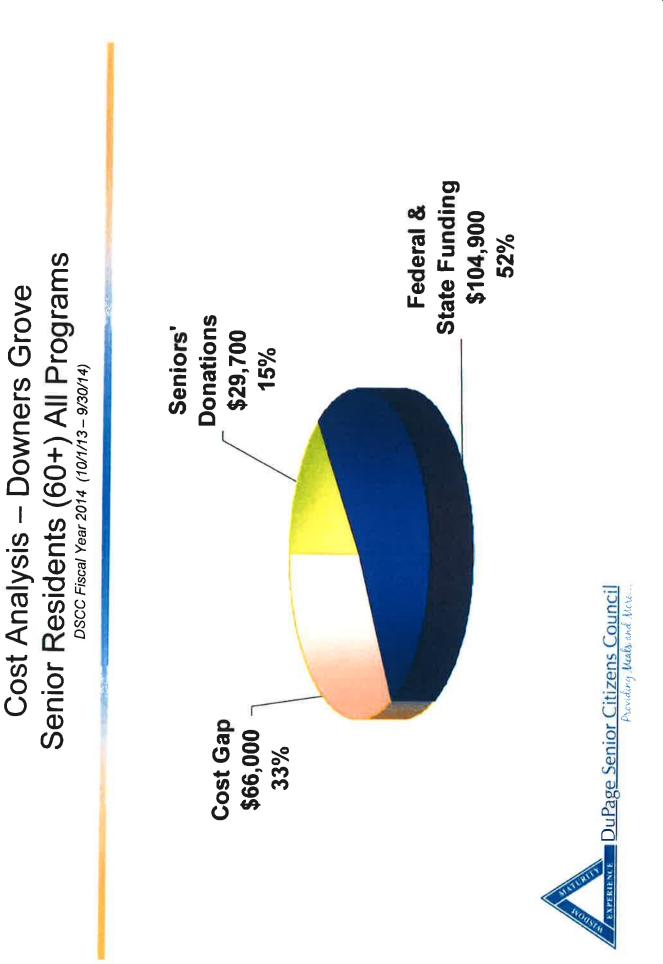
An Emergency Follow-Up Procedure is in place for any client who was expected to be at home, and DSCC collaborates with your local police and fire department to account for every "missing" senior by the end of each business day.

## Additional In-Direct Services

## Health and Wellness

# <u>210 senior residents received information each month</u>

At the Senior Citizens Community Dining sites located throughout DuPage County along with the "*Meals on Wheels*" delivered to homes, DSCC provides an educational focus on varying topics pertinent to elderly lifestyles. As seniors become aware of and implement these preventive measures, we help improve their health and wellness and avoid premature institutionalization.

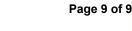


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# Village of Downers Grove Contribution History

DuPage Senior Citizens Council's Fiscal Year		Contribution Received	
FY 2006	(10/01/05 - 09/30/06)	\$	38,799
FY 2007	(10/01/06 - 09/30/07)	\$	38,795
FY 2008	(10/01/07 - 09/30/08)	\$	39,674
FY 2009	(10/01/08 - 09/30/09)	\$	39,674
FY 2010	(10/01/09 - 09/30/10)	\$	-
FY 2011	(10/01/10 - 09/30/11)	\$	-
FY 2012	(10/01/11 - 09/30/12)	\$	<del></del>
FY 2013	(10/01/12 - 09/30/13)	\$	<del>8</del> )
FY 2014	(10/01/13 - 09/30/14)	\$	-
FY 2015	(10/01/14 - 09/30/15)	\$	(#1
FY 2016	(10/01/15 - 09/30/16)	\$	1. <del>2</del>

Note: Per non-profit accounting principles, contributions are applied to the DSCC fiscal year in which they were received from or committed by the donor



United



Providing Meals and More ....



www.dupageseniorcouncil.org

Agency on

**\GING** 

1990 Springer Drive Lombard, IL 60148-6162 Office (630) 620-0804 Fax (630) 620-1158

April 1, 2015

Mayor Martin Tully Village of Downers Grove 801 Burlington Road Downers Grove, IL 60515

Dear Mayor Tully,

The DuPage Senior Citizens Council (DSCC) recently contacted Village of Downers Grove to request that you partner with us to help seniors in Village of Downers Grove live independently and maintain their health and wellness. We provide a variety of critical programs and services to the seniors of Village of Downers Grove, including meals (Meals on Wheels), well-being checks, home maintenance services, assistance with yard work, and health and wellness education. Our programs provide a vital safety net that helps ensure seniors are able to live in their own homes, but we need the support of the community to ensure that we can continue to serve seniors in need in Village of Downers Grove.

*Mr.* A. fell down the stairs shortly before DSCC's volunteer knocked on his door and was unable to get up. When *Mr.* A. heard our volunteer outside, he yelled for help. Our volunteer helped *Mr.* A. get up and waited with him for his family to arrive. "I never thought you would stay with me all this time," *Mr.* A. commented. Our volunteer told him that DSCC's volunteers are responsible for not only providing a meal, but also checking to see how seniors are doing and helping if needed. *Mr.* A. went to the hospital and remained there for the next six months. He is now back at home and receiving meals and well-being checks from DSCC. Without DSCC, it may have been some time before *Mr.* A. received help.

We hope Village of Downers Grove is still considering our request and will decide to support DSCC's programs that help meet critical needs of elderly persons. Most of the seniors we serve are low-income, homebound elderly persons, and many of our seniors do not have any family living close by. Each year, we assist approximately 230 seniors in Village of Downers Grove. Without DSCC, these seniors would be alone and without help. On their behalf, we hope we can count on your support. Please feel free to contact me at 630-620-0804 if you have any questions or need any additional information. Thank you for your time and your consideration of our request.

Sincerely,

Marylin Krolak

Executive Director