

VILLAGE OF DOWNERS GROVE
Report for the Village Council Meeting
10/6/2015

SUBJECT:	SUBMITTED BY:
Motion to Authorize Contribution to DuPage Senior Citizens Council	David Fieldman Village Manager

SYNOPSIS

A motion has been prepared to authorize a \$20,000 contribution for FY 2015 to the DuPage Senior Citizens Council for the Meals on Wheels program.

STRATEGIC PLAN ALIGNMENT

Exceptional Municipal Services is a strategic goal for 2015-2017. *Explore Intergovernmental Partnerships for the Provision of Human Services* was identified by the Village Council as a High Priority Action Item.

FISCAL IMPACT

The proposal is to approve \$20,000 in FY15. The contribution to the DuPage Senior Citizens Council is not budgeted in the FY15 General Fund. General Fund expenses are currently estimated to be approximately \$612,000 below the FY15 budget, due to expense reductions and deferrals made in response to the State of Illinois proposed budget.

UPDATE & RECOMMENDATION

This item was discussed at the September 15, 2015 Village Council meeting. The Village Council asked several follow-up questions. Staff contacted the DuPage Senior Citizens Council; their responses to the questions are below. In addition, the Council asked for meeting minutes related to the Village's consideration of the DSCC contribution in 1998. Minutes from 1998 and 1999 discussions are attached.

DSCC Responses to Council Questions:

1. *What does the new funding provide? (i.e. more seniors receiving more meals? more meals to the same number of seniors?)*

More seniors will receive more meals. The funding will directly off-set the cost gap to provide our services to seniors in Downers Grove (excluding unincorporated areas). The number of seniors would be more than projected in our request; the number of meals would be equal to or more than projected in our request.

2. *Is a well-being check done in addition to the meal delivery or as part of the meal delivery?*

In addition to the meal delivery, minor home repair, or yard clean-up service.

3. What is the rationale for the \$30,000 request?

*The rationale for the \$30,000 request is **based on the volume of the services requested by and/or needed by the seniors in an individual municipality.** It is equal to approximately \$1.00 per service provided.*

BACKGROUND

This item was discussed at the September 1, 2015 Village Council meeting under New Business at the request of Commissioner Waldack. The Council directed staff to prepare a motion to authorize a \$20,000 contribution in FY15 to the DuPage Senior Citizens Council. Discussion regarding the FY16 contribution will take place during the budget process.

The proposal is as follows:

I propose that the Council address the request of the DuPage Senior Citizens Council (DSCC) for a restricted contribution to the Meals On Wheels Program for \$20,000 in 2015 and direct Staff to include \$30,000 in the 2016 budget.

On February 23, 2015, The DuPage Senior Citizens Council formally requested consideration of a \$30,000 contribution for its services, including Meals On Wheels program. To date, there has been no action on this request.

Council has identified intergovernmental cooperation on human services as a priority action item for 2015-2017. Human services needs require immediate attention and a decision should be made regarding both 2015 and 2016.

All Council members have been sent a packet with the request and a copy is readily available. Some of the highlights are that Downers Grove, as a municipality, has one of the highest concentrations of seniors in DuPage County and has not contributed since 2009. These services "allow elderly residents to stay in their homes and our Village and allow seniors to live as independently as possible while preventing expensive and premature institutionalization."

I ask for your consideration and approval on this two part item.

The DuPage Senior Citizens Council provides several services, one of which is the Meals on Wheels program. The program is funded by state and federal grants, contributions from meal recipients and other donors. Due to a mandate from the federal government's Older American's Act, the DSCC cannot exclude meals on wheels services to residents of municipalities that do not contribute funding to their program. However, financial shortfalls will require the DSCC to limit services to only the neediest Downers Grove and DuPage County residents as determined by a ranking system for eligibility upon intake.

Intakes for the Meals on Wheels program are conducted by the DuPage County Human Services, Senior Citizens Services, not the DSCC. Their ranking system bases a senior's level of need, in part, on an immediate risk, high risk or low risk rating scale. Inherent in the meals on wheels delivery program is a daily well-being check. Volunteers and staff are trained to look for and report any signs that a senior may need further assistance. This is a service level that municipal funding helps supports but it is not a requirement for providers of the meals on wheels program.

Eligibility for Meals on Wheels

- DuPage senior age 60 & over and the senior is in need of home delivered meals either because they are frail, home bound or living alone.

80% of seniors receiving meals are low income and fall between 0% - 51% of the median family income for one person households. (\$0 - \$26,400 a year for a one person household living in DuPage County)

The Village made an annual contribution to the DuPage Senior Citizens Council from 1998 to 2000. Below is a history of the contributions from 2005 to 2009.

Year	Funding Amount
2009	\$39,674
2008	\$39,674
2007	\$38,795
2006	\$38,799
2005	\$17,000

The contribution to the DuPage Senior Citizens Council is not budgeted in the FY15 General Fund. General Fund expenses are currently estimated to be approximately \$612,000 below the FY15 budget, due to expense reductions and deferrals made in response to the State of Illinois proposed budget. The table below shows the FY15 budget and estimates.

FY15 General Fund Budget vs. Estimate

General Fund	FY15 Budget	FY15 Year-End Estimate	Difference
Revenues	\$44,824,624	\$44,822,756	(\$1,868)
Expenses	\$44,822,262	\$44,210,537	(\$611,725)

Attached is the request letter from the DuPage Senior Citizens Council, as well as additional information on the services provided within Downers Grove.

ATTACHMENTS

Correspondence from the DuPage Senior Citizens Council

VILLAGE OF DOWNERS GROVE
COUNCIL ACTION SUMMARY

INITIATED: Village Manager DATE: October 6, 2015
(Name)

RECOMMENDATION FROM: _____ FILE REF: _____
(Board or Department)

NATURE OF ACTION:

STEPS NEEDED TO IMPLEMENT ACTION:

- Ordinance
- Resolution
- Motion
- Other

Motion to authorize the expenditure of \$20,000 to fund the DuPage Senior Citizens Council (DSCC) for the Meals on Wheels Program from the FY 2015 budget.



SUMMARY OF ITEM:

Adoption of this motion shall authorize the expenditure of \$20,000 to fund the DuPage Senior Citizens Council (DSCC) for the Meals on Wheels Program from the FY 2015 budget.

RECORD OF ACTION TAKEN:



DuPage Senior Citizens Council

facebook



Providing Meals and More...

1990 Springer Drive, Lombard, IL 60148 • 630-620-0804 • fax 630-620-1158

FILE COPY

February 3, 2015

Mayor Martin Tully
Village of Downers Grove
801 Burlington Avenue
Downers Grove, IL 60515

Dear Mayor Tully,

This letter is to formally request funding in the amount of \$30,000 from the Village of Downers Grove for support of our programs that benefit at risk seniors with in your community.

The DuPage Senior Citizens Council (DSCC) relies on the support and partnership of the municipalities we serve to provide services allowing seniors to live as independently as possible while preventing expensive and premature institutionalization.

Our records show that the Village of Downers Grove has not supported DSCC since 2009. Downers Grove has one of the largest concentrations of older adults in DuPage County. We would hope that you would consider re-partnering with us and support our first responder/critical services that allow your elderly residents to remain in their homes and your Village. Enclosed our report and proposal for services provided covers the time period between 10/01/13 – 09/30/14, DSCC's last full fiscal year.

If you have additional questions, please contact me directly at 630-546-0626. We look forward to hearing from you soon.

Sincerely,

Marilyn Krolak
Executive Director

cc: David Fieldman, Village Manager
Judy Buttny, Finance Director
Village Council Members

Enclosures

www.dupageseniorcouncil.org

Board of Directors:

Terry Klein
President

Marilyn Krolak
Executive Director

Kathy Sedivy
Vice President/Treasurer

Cynthia Schmidt CFRE
Vice President/Secretary

Karen McClure
Vice President

Sharon D' Alessandro

Sharon Jordan

Michael Micek

Aubrey Van Reken

Emeritus Member:

Eileen R. Fitzgerald, J.D.

**DuPage Senior Citizens Council
Summary and Proposal for Services
For
Village of Downers Grove**

History and Overview

Established in 1975, DSCC is a non-profit agency committed to seniors and operates several programs, including the "***Meals on Wheels***" and Community Dining programs in DuPage County. Our mission is to promote the ability of elderly persons to live in dignity with as much independence as possible.

While much of American culture focuses on youth, DSCC advocates for the older generation who are the pillars of our society. These elderly persons have earned respect and deserve to live with dignity; however, many of them have become frail or otherwise lack the resources to provide for their own needs and rely on others for help.

Most of our clients are **homebound seniors who live alone**, and nearly **75%** of them are at or below the poverty level. DSCC is a safety net for many individuals who might not otherwise eat a hot meal each day or have someone to check in on them.

DSCC has historically received approximately half of its funding from federal and state grants, but that proportion has dropped substantially. The economy remains sluggish and the State of Illinois continues to face a fiscal crisis jeopardizing state funding for community-based services. Community support is needed now more than ever to maintain service levels for seniors and avoid cutting critical lifesaving components.

Following are the program descriptions and number of services provided to Downers Grove senior residents during the period 10/1/2013 to 9/30/2014. **Please note that these figures are also reflective of a typical and current 12 month time frame regardless of fiscal year.**

Direct Services

Senior Nutrition Program/"Meals on Wheels" & Community Dining

- **16,700 meals to 210 unduplicated seniors**

"*Meals on Wheels*" are packed and delivered each weekday to frail and homebound seniors in Downers Grove by DSCC staff and volunteers who have been trained in food safety. The Community Dining Sites located throughout DuPage County also provides an opportunity for elderly persons to socialize, participate in activities, and receive valuable health and wellness information. All meals served are balanced, nutritious, and meet special dietary needs required, such as low sodium, vegetarian, or diabetic. Each meal is equivalent to 1/3 of the Reference Dietary Intake for adults 60 and over.

Home Maintenance Program/Chore Days

- **25 Minor Home Repairs & Yard Clean Up services to 20 senior residents**

DSCC's Home Maintenance program provides low-cost minor home repairs which assist older persons with basic home responsibilities associated with daily living. Typical examples are repairing or replacing leaky faucets or toilets and installing smoke and carbon monoxide detectors, light fixtures, locks or deadbolts. Additional services which enhance seniors' safety and security include installing bath benches, grab bars, and non-slip strips, as well as repairing and reinforcing walkway steps and stair railings. In cases where homes require larger repair services, DSCC offers assessments and provides contractor referrals to seniors.

Chore Days are another service in the category of home maintenance DSCC offers the elderly. For three weekends during the spring and again in the fall, groups of volunteers of all ages help seniors with various outside chores such as raking leaves, gardening, trimming shrubs, and other yard tasks. This assistance enables seniors to keep up with the tasks of home ownership and increases their ability to remain in their homes.

Well Being Checks

- **9,600 Well Being Checks assuring the health and safety of senior residents**

Our "Meals on Wheels" volunteers and staff conduct a daily Well Being Check with each meal delivery and each on-site home maintenance service. A formalized system has been implemented for alerting our staff to any observed changes in a senior's physical or mental health. This value-added procedure, which has been formalized this year, has already resulted in several documented cases of staff and volunteers saving lives by finding fallen or injured seniors upon visiting their homes.

An Emergency Follow-Up Procedure is in place for any client who was expected to be at home, and DSCC collaborates with your local police and fire department to account for every "missing" senior by the end of each business day.

Additional In-Direct Services

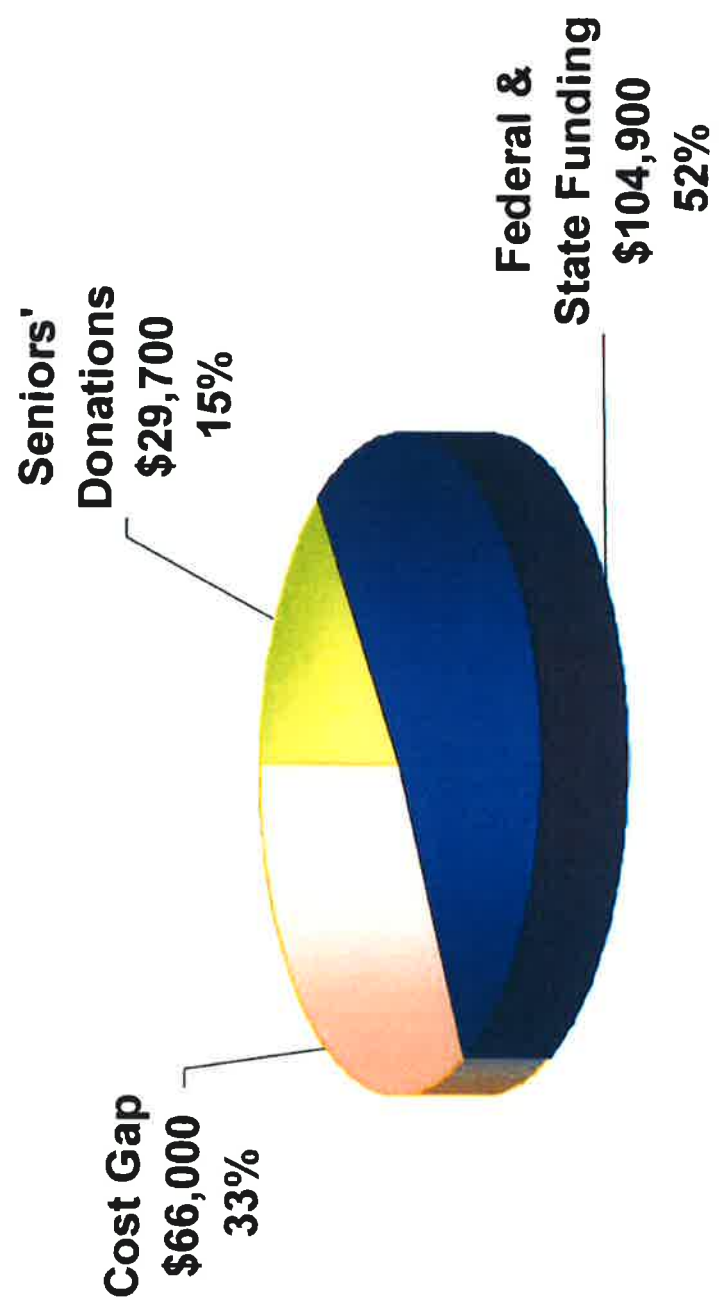
Health and Wellness

- **210 senior residents received information each month**

At the Senior Citizens Community Dining sites located throughout DuPage County along with the "Meals on Wheels" delivered to homes, DSCC provides an educational focus on varying topics pertinent to elderly lifestyles. As seniors become aware of and implement these preventive measures, we help improve their health and wellness and avoid premature institutionalization.

Cost Analysis – Downers Grove Senior Residents (60+) All Programs

DSSC Fiscal Year 2014 (10/1/13 – 9/30/14)



Village of Downers Grove Contribution History

DuPage Senior Citizens Council's Fiscal Year	Contribution Received
FY 2006 (10/01/05 - 09/30/06)	\$ 38,799
FY 2007 (10/01/06 - 09/30/07)	\$ 38,795
FY 2008 (10/01/07 - 09/30/08)	\$ 39,674
FY 2009 (10/01/08 - 09/30/09)	\$ 39,674
FY 2010 (10/01/09 - 09/30/10)	\$ -
FY 2011 (10/01/10 - 09/30/11)	\$ -
FY 2012 (10/01/11 - 09/30/12)	\$ -
FY 2013 (10/01/12 - 09/30/13)	\$ -
FY 2014 (10/01/13 - 09/30/14)	\$ -
FY 2015 (10/01/14 - 09/30/15)	\$ -
FY 2016 (10/01/15 - 09/30/16)	\$ -

Note: Per non-profit accounting principles, contributions are applied to the DSCC fiscal year in which they were received from or committed by the donor



DuPage Senior Citizens Council

Providing Meals and More...

facebook



www.dupageseniorcouncil.org

1990 Springer Drive

Lombard, IL 60148-6162

Office (630) 620-0804 Fax (630) 620-1158

April 1, 2015

Mayor Martin Tully
Village of Downers Grove
801 Burlington Road
Downers Grove, IL 60515



FILE COPY

Dear Mayor Tully,

The DuPage Senior Citizens Council (DSCC) recently contacted Village of Downers Grove to request that you partner with us to help seniors in Village of Downers Grove live independently and maintain their health and wellness. We provide a variety of critical programs and services to the seniors of Village of Downers Grove, including meals (Meals on Wheels), well-being checks, home maintenance services, assistance with yard work, and health and wellness education. Our programs provide a vital safety net that helps ensure seniors are able to live in their own homes, but we need the support of the community to ensure that we can continue to serve seniors in need in Village of Downers Grove.

Mr. A. fell down the stairs shortly before DSCC's volunteer knocked on his door and was unable to get up. When Mr. A. heard our volunteer outside, he yelled for help. Our volunteer helped Mr. A. get up and waited with him for his family to arrive. "I never thought you would stay with me all this time," Mr. A. commented. Our volunteer told him that DSCC's volunteers are responsible for not only providing a meal, but also checking to see how seniors are doing and helping if needed. Mr. A. went to the hospital and remained there for the next six months. He is now back at home and receiving meals and well-being checks from DSCC. Without DSCC, it may have been some time before Mr. A. received help.

We hope Village of Downers Grove is still considering our request and will decide to support DSCC's programs that help meet critical needs of elderly persons. Most of the seniors we serve are low-income, homebound elderly persons, and many of our seniors do not have any family living close by. Each year, we assist approximately 230 seniors in Village of Downers Grove. Without DSCC, these seniors would be alone and without help. On their behalf, we hope we can count on your support. Please feel free to contact me at 630-620-0804 if you have any questions or need any additional information. Thank you for your time and your consideration of our request.

Sincerely,


Marilyn Krolak
Executive Director

VILLAGE OF DOWNERS GROVE COUNCIL ACTION SUMMARY

INITIATED: DuPage Senior Citizen Council DATE: February 2, 1998
(Name)

RECOMMENDATION FROM: N/A FILE REF: _____
(Board or Department)

NATURE OF ACTION:

- Ordinance
- Resolution
- Motion
- Other

STEPS NEEDED TO IMPLEMENT ACTION:

Motion to approve a grant in the amount of \$11,075.00 to the DuPage Senior Citizens Council to assist in offsetting a portion of the cost for the Meals on Wheels Program (\$7,475.00) and their Home Maintenance Program (\$3,600.00). The Village Manager and staff are authorized to execute such documents and take such actions as may be necessary to carry out the terms of this motion.

SUMMARY OF ITEM:

Approval of this motion will authorize a grant in the amount of \$11,075.00 to the DuPage Senior Citizen Council as set forth in their letter of December 18, 1997. This will provide \$7,475.00 for the Meals on Wheels Program and \$3,600.00 for the Home Maintenance Program.

RECORD OF ACTION TAKEN:

1/26 in 2/2

2/2: Approved

7/26/08 2/2

MEMO

TO: Jerry Sprecher, Assistant Village Manager
FROM: Barb Leiber, ^{BL} Director, Health and Human Resources
DATE: January 19, 1998
RE: DuPage Senior Citizens Council Request for funding, FY 98/99

RECOMMENDATION

The DuPage Senior Citizens Council is requesting \$11,075 for FY 98/99. The request includes \$7,475 for "Meals on Wheels" and \$3,600 to help meet the expense of the home maintenance program. The Home Maintenance Program offers repairs to seniors at a reduced cost. Staff recommends that the Council approve this request.

OVERVIEW

The programs for which the DuPage Senior Citizens Council requests funding are very important to the well-being of Downers Grove senior citizens. These programs are provided exclusively through DSCC for the whole county. It would not be feasible for the Village to provide either of these programs to our senior residents.

The home delivered meals provide a nutritious meal and a brief friendly visit from the volunteer delivering the meal. The home maintenance offers low cost, affordable minor repairs and referrals to reputable contractors for repairs beyond the programs scope. DuPage Senior Citizens Council stamp of approval on contractors they are recommending is an excellent service for seniors.

The last three years have seen the DuPage Senior Citizen Council request funds for programs that the Village was already providing its seniors. The request for this year is to help support the two basic services that DSCC provides for seniors in Downers Grove which are not provided from any other source.

Attached please find the material DSCC sent in support of their request.



Established 1975

DUPAGE SENIOR CITIZENS COUNCIL

A not-for-profit association dedicated to helping older people

December 18, 1997

Mayor Betty M. Cheever
Village of Downers Grove
801 Burlington Avenue
Downers Grove, IL 60515

Dear Mayor Cheever,

Enclosed please find our proposal requesting a total sum of \$11,075 to help us provide home delivered meals to the homebound elderly in the Village of Downers Grove and to help meet the expense of serving your senior residents through our Home Maintenance Program.

According to the last census, Downers Grove has a senior population of 7,736 - 17% of this population belongs to the 80+ group which is the fastest growing age group and also the most frail and at risk.

Home delivered meals mean that frail older people can receive proper nutrition which in turn enables them to remain where most want to be - in their own homes and communities. In addition to a brief friendly visit, the volunteer delivering the meal also provides a well-check to make sure the senior is ok or to take action if the senior begins to fail.

Last year we served home delivered meals to approximately 246 seniors in Downers Grove. This year we are expecting to increase service by 8.5%. To meet this projected demand, we are asking for your support of \$7,475 to be used toward the expense of meals.

We are also asking for a sum of \$3,600 to help meet the expense of our home maintenance program. This program provides seniors with a safe, affordable source to turn to for help with small repairs and referrals to reputable contractors for repairs beyond our program's scope.

Currently we have 11 municipalities supporting these programs. Some have shared their perspective that they believe that by providing funding to the Council, they are helping to build the infrastructure of their community - not just support a charitable organization.

We will contact you soon to discuss this request. Should you have any questions during the interim or need additional information, please call me at 630/620-0804. Thank you.

Sincerely,

Joan Taylor
Executive Director

cc: Kurt Bressner, Manager

2200 S. Main Street, Suite 308 ▲ Lombard, IL 60148-5366

Office 630/620-0804 ▲ Fax 630/620-1158 ▲ Nutrition/Natural Helpers 630/620-9749 ▲ Home Maintenance 630/620-9794

**Proposal
to the
Village of Downers Grove**

Executive Summary

DuPage Senior Citizens Council is requesting a total sum of \$11,075 from the Village of Downers Grove. These funds will be used to provide services that help seniors maintain their physical and mental health, and the safety and functional use of their homes. Our programs help seniors to remain in their own homes and a viable part of their community.

Community Need

According to 1991 census information, there are more than 96,000 seniors over age 60 living in DuPage County. Approximately 40 percent of these seniors are over the age of 75, - which is the age group most frail and at risk.

In Downers Grove, where the total population is 46,858, there are 7,736 seniors aged 60 and above. And 17% of these seniors are over the age of 80.

Frequently, social service providers find that seniors will go to great lengths to mask the fact that they are too frail to shop or cook for themselves. Some hide their need for assistance for fear they will be labeled unable to care for themselves and be placed in a nursing home. In most cases, these seniors are actually quite capable of caring for themselves at home and only require assistance to obtain proper nourishment.

Another typical scenario for some older people is that they need some general assistance to keep up their homes. This is particularly true for those who are frail, have limited income, and family living elsewhere. Most private contractors are unwilling to take on small repair jobs and if they do, their going rate makes their service cost prohibitive to those living on a low fixed income. Seniors are also easy prey for con-artists, so many senior homeowners are afraid to have a stranger come into their home. They simply do not know to whom they can turn to help maintain their home and yard.

Our Solution

The Council offers two key programs to address this particular community need. Our Nutrition Program and Home Maintenance Program help seniors preserve their dignity as they remain in the community that has been their home for decades.

In 1983 the Council took responsibility for the Nutrition Program. This program concentrates on Home Delivered Meals and Congregate Senior Dining Centers. There is a total of 39 centers - 24 of which serve home delivered meals to older people throughout the county. Seven of these centers serve Saturday meals to seniors who do not have family support over the weekend.

Home Delivered Meals help homebound seniors maintain their physical and mental health. These meal participants are typically the frail elderly or seniors who have just come home from the hospital and need temporary assistance while recuperating. For those who are taking medication, proper nutrition is essential in helping the body digest and distribute the medication. Home Delivered Meals also provide consistent monitoring of the well-being of each participant and help to strengthen community ties by encouraging neighbors to help neighbors.

Each weekday about 900 hot, nutritious meals are delivered to homebound seniors throughout the county. In Downers Grove, the Community Adult Day Care, Immanuel Residence, Lincoln Center, and Peace Memorial Manor each host one of our congregate Senior Dining Centers. We also provide Saturday, Holiday, and frozen meals to seniors who need evening and Sunday meals. All of these dining centers are run by part-time staff who coordinates the center activities and volunteers. Volunteers drive 110 routes and assist in numerous ways in the dining center to help keep costs to a minimum. Approximately 300 volunteers participate in our work each day. The space for all of the Council's Senior Dining Centers is donated - which also makes this program as cost-efficient as possible.

In fiscal year 1997, the DuPage Senior Citizens Council provided a total of 225,119 home delivered meals to 2,002 participants. During fiscal year 1998 the Council projects to increase the number of meals served by 8.5 percent (or 244,139 meals). Of the 2,002 seniors who participated during fiscal year 1997, 71 percent were over 75 years of age, 82 percent lived alone, and 13 percent had an income at or below the U.S. Department of Health & Human Services poverty level (\$7,360 for singles, \$9,430 for a family of two).

The Council's Home Maintenance Program is dedicated to providing affordable services so that seniors can maintain the safety and value of their homes. Priority is given to older people who have safety or health concerns and for those living on a low fixed income. Services performed by the Council's service personnel include: minor plumbing, carpentry and electrical repairs; installation of safety devices; and, installation of equipment for clients of DuPage County Department of Human Services' IID program.

Our new subsidized minor home repair program, funded by Community Development Block Grant funds, has provided us with the opportunity to offer service to "low" and "very low" income eligible seniors. The DuPage County Community Development Department recently approved funding for the second year of this program.

Council staff provides referrals for major repair work. These outside contractors are pre-screened through the Council's Home Maintenance Department and are insured and in good standing with the Council. Follow-up questionnaires are sent to the seniors to find out how they felt about the work of both Council staff and contractor referrals.

The Home Maintenance Program also serves as a crime prevention measure, because keeping up the appearance of a property helps to eliminate potential problems. Having a reputable organization providing and overseeing this service lessens the likelihood that seniors will be taken in by unscrupulous contractors.

Objective

Our objective with these programs is to provide seniors with the assistance they need. Whether it is one nutritious meal a day or someone to install a handrail, refer them to a trustworthy contractor for a major home repair, or tell them what work really needs to be done and help them to prioritize the repairs to meet their budget. Our programs are unique in that they simultaneously benefit seniors who require our assistance - while benefiting the infrastructure of the community where they reside.

It is the top priority of the agency to serve all DuPage seniors in need of meals in a timely manner. It is our belief that putting a senior on a waiting list often leads to premature institutionalization and to the detriment of the senior, the family, and the community. In our last fiscal year, our volunteers delivered an average of 112 home delivered meals to 246 of your senior residents. The demographics for the seniors we served in Downers Grove show that 79% were are 75+, 82% lived alone, and 9% had an income at or below the U.S. Department of Health & Human Services' poverty level.

In our fiscal year '97-'98, we expect the number of seniors requiring meals to increase 8.5%. This increase means we will serve approximately 29,894 to Downers Grove's senior residents.

The Council also plans to continue offering its Home Maintenance Program's services to Downers Grove's older residents. We play a key role by serving as a "trusted, knowledgeable friend" to seniors whose homes need repair. Our service personnel help seniors determine what work needs to be done, review job bids from other contractors, and prioritize repair work when they are living on a tight budget.

Our Home Maintenance Program provided a significant amount of service to Downers Grove's seniors through its Home Repair/Referral Program. In the past year, Council service personnel performed 45 home repairs, provided 59 referrals, and served 72 seniors in the Village of Downers Grove. We anticipate providing approximately the same amount of service to Downers Grove's elders in our current fiscal year.

The Council is striving to ensure that Downers Grove's residents never have to experience a waiting list due to lack of funding. Limited resources have made the Council take a long hard look at what needs to be done in order to keep its programs fully operational in each community. In order to accomplish this goal the Council is seeking funds from each municipality to help defray the expense of these services we provide to your senior residents.

Cost of Program

The cost per home delivered meal is only \$5.02. This amount includes administrative costs attributed to providing the meal, but does not include in-kind donated space or volunteer time. Participant contributions (33%), government funding (52.3%), and United Way contributions (8%) cover approximately 93 percent of the cost of each meal. However, the DuPage Senior Citizens Council must raise an additional \$.34 per meal to cover the cost of this vital service. In all, the Council must raise \$83,000 through local fund raising efforts.

Meal programs are by far the most cost-effective, preventive care alternative. At \$5.02 a day, the Council is able to supply meals for a year to a senior for about the same amount of money for a person to reside in a nursing home for three weeks or to spend one day in the hospital.

In Fiscal Year 1998 it will cost the Council more than \$232,000 to operate the Home Maintenance Program. Client payments and Community Development Block Grant subsidies cover 37 percent and United Way contributions cover 10 percent of the cost of this program. The remaining 53 percent or \$123,500 must be raised from other sources such as United Way and municipalities. We need support from municipalities to ensure the continuity of these important programs.

Request

As stated above these programs help seniors maintain their personal safety and the value of their home and community. It enables seniors to safely stay in their home - where they prefer to be and for a cost far less than other alternatives.

We are requesting that the Village of Downers Grove cover 25¢ per meal for the 29,894 meals we expect to serve to its homebound elders in 1998. We are also requesting that Downers Grove contribute \$50 for each senior we serve through our home maintenance program. As stated earlier, we expect to serve at minimum the same number of seniors this year, that we served last year - 72. At \$50 per senior, the sum we are requesting for the Home Maintenance Program comes to \$3,600.

We ask that you consider this total request of \$11,075 so that DuPage Senior Citizens Council may meet the projected demand for meals and sustain our efforts to help seniors maintain the safety and use of their homes.

Attachments:

Budget

News clips

DUPAGE SENIOR CITIZENS COUNCIL
OPERATING BUDGET
YEAR ENDING SEPTEMBER 31, 1998

REVENUES:

Federal & State Grants	\$856,600
Municipality Grants	74,425
United Way Funding	151,265
Programs Income	659,060
Contributions & Fund Raising Events	145,900
Publication Advertising Income	14,500
Interest & Dividends	4,750
Resale Shop Profit	26,800
Reimbursements & Other Income	13,700

Total Revenue

\$1,947,000

EXPENSES:

Personnel	\$773,935
Nutrition Program - Food & Delivery	947,595
Home Maintenance Program - Materials & Outside Contractors	35,450
Occupancy	50,245
Insurance	4,500
Equipment & Supplies	31,350
Repair & Maintenance	6,700
Travel	9,450
Meetings, Conferences & Seminars	2,250
Publications	17,000
Professional Services	24,850
Telephone	12,750
Postage	12,750
Volunteer Recognition	2,250
All Other	15,925

Total Expenses

\$1,947,000

The Elmhurst Suburban LIFE May 29, 1997 Susan Polay

Help wanted

Volunteers provide care to homebound seniors

By Susan Polay

Volunteers delivering food to homebound senior citizens are really having fun while serving others in need, according to Barbara McGilvray, nutrition director of the DuPage Senior Citizens Council.

Many volunteers feel an immediate sense of satisfaction and self-worth in helping a needy person, she said.

People claim they are reluctant to volunteer because they feel it could become a burden, according to McGilvray. But she admitted many meet intriguing people, find inspiring friendships and build lasting relationships through volunteering.

And Juanita Flagg and her husband, Charles, Elmhurst residents for 42 years, can attest to that fact.

Flagg said they find the experience of volunteering by delivering food to seniors very rewarding, and even though they are not paid monetarily, their pay is the very positive and appreciative responses from the people who are receiving the food.

"Sometimes you are the only ones they see," she added. Once when delivering food, they found a woman who fell and had been on the floor for three to four hours.

They were able to help contact her daughter through the council or she may have laid on the floor the rest of the day, Flagg said.

She added they act as a "lifeline to the outside, a sort of liaison and an extra arm for the children" of the seniors who are trying to care for their parents out of the home.

"The seniors are wonderful," Flagg said.

Flagg suggested helping to deliver food is a perfect way for someone to spend



LIFE photo by Steve Johnston

Elmhurst residents Juanita and Charles Flagg, volunteers for the DuPage Senior Citizens Council, are checking over their list, and placing food in coolers preparing for their lunch and dinner deliveries to homebound seniors.

their time if someone doesn't know what to do.

She and her husband of more than 44 years (which she said "is getting better every day"), volunteer in many other community events. She said their calendar is so full they can hardly find an empty spot to write in another event during June.

And with that the DuPage Senior Citizens Council, a non-profit agency, is still in urgent need of more volunteers to help in its delivery of food to homebound seniors, McGilvray said.

The council provides programs to help 96,000 DuPage residents 60 and older live a healthier, safer and happier life.

And according to Princes Bey, a nurse and board member of the DuPage Senior Citizens Council,

nutrition plays a large role in a person's health. Good nutrition can help a person stay in his home longer, out of a hospital or nursing home, which in turn can save other government agencies money.

Bey said food aids in the digestion of medicine by delaying, stopping or speeding up its effects on the body. Food also keeps the stomach lined to prevent long-term harmful effects of aspirin, ibuprofen and other drugs.

In 1983 the DuPage Senior Citizens Council assumed responsibility for the meal program, now coordinating the efforts of about 2,000 volunteers who serve 900 people in their homes each week. The organization operates from 29 dining centers in DuPage County, according to its

public relations director, Patricia Terkovich.

"To help provide for the growing number of seniors needing these meals, the Illinois Association of Area Agencies on Aging has requested an increase of \$3.5 million in Illinois general revenue funds for home-delivered meals for fiscal year 1998. That would push the total budget for the program up to \$5.4 million.

According to the Illinois Coalition on Aging, this would enable the senior nutrition programs in Illinois to provide 2,190,888 meals to 8,691 seniors who are currently on waiting lists or who live where meals are not now available.

Each weekday in DuPage County, each volunteer delivers about 10 hot noon dinners and bag lunches

But volunteers need not drive to help. They can serve and greet at the centers where seniors come to eat their noon meals.

There is no age criteria, and volunteers need not serve on a regular basis. A person contemplating volunteering for the program may give it a trial run.

McGilvray said the council is flexible in working with volunteers who have regular weekdays off, who want to work on their lunch hour or whose schedules may allow them to work only once a month.

Students may help at seasonal times such as Christmas or spring and summer breaks, and people may volunteer as substitutes or part time and opt to not have a particular schedule, she added.

Mothers with young children may bring them along when volunteering. The children help under close supervision with bagging lunches or pressing elevator buttons and door bells to aid in the meal deliveries, McGilvray said.

Another service the volunteers provide when delivering meals is checking on seniors' well-being, including their physical state, behavioral changes and living conditions.

Regular visits to the food recipients are valuable since half live alone, 75 percent are older than 75 and many have no family, according to McGilvray.

The council feeds about 40 to 60 seniors daily who provide their own transportation to the York Township Center, 1502 S. Meyers Ave., Lombard.

In addition to meals, the council sponsors home maintenance and chore days for DuPage residents 60 and older, offering help and assistance in their homes and seasonal yard work.

More information is available by calling (630) 620-0801.



Lisle

Reporter



Volunteers sought to help seniors with autumn chores

by **Cristin Monti**
STAFF WRITER

While most people face their seasonal yard work begrudgingly, many take for granted the fact that they are able get those tasks accomplished.

Linda O'Leary, DuPage Senior Citizens Council Home Maintenance Program director, said many of Lisle's senior citizens are either financially or physically unable to keep up with outdoor projects like raking leaves and trimming bushes.

To help seniors in need, the council, in partnership with the village, is seeking volunteers for Fall Community Chore Day, Nov. 1.

"Often seniors have health problems that keep them from doing strenuous work," O'Leary said. "Community Chore Day is a cooperative effort for seniors who are on a fixed income and don't have any family members to help

them."

About 12 senior citizens have expressed the need for help. O'Leary said because Lisle has many older homes with large yards, more volunteers are needed.

O'Leary said while 30 volunteers have already committed to participating on chore day, she is hoping for about 50 more. "It doesn't take a lot of skill, and it's perfect for those who enjoy the outdoors," she said.

Volunteers of all ages are welcome. The "day" will last from 8:30 a.m. to 12:30 p.m. "The schedule is nice because by lunchtime you've done something wonderful for a senior and you still have the rest of the day for other activities," she said.

Typically, Scout groups, school and church organizations and local clubs provide services on chore day, she said, but individual volunteers are also sought.

"It's such a neat program because it's a lot of fun and the seniors love having someone come and visit them," O'Leary said.

Local business employees have also used the experience as a team-building effort, she said.

The seniors are often overwhelmed by the consideration of the volunteers in the community, O'Leary said.

"It makes them feel that the others really want them to be a part of their community," she said. "Sometimes they bake cookies or they fix up a little snack for the volunteers because they want to say 'thank you', and that's the only way they can do it."

Those interested in volunteering are asked to complete an application prior to the activity. Forms can be obtained at the Lisle Village Hall, 1040 Burlington Ave., or by calling (630) 620-0804.

DuPage Senior Citizens Council
Home Maintenance Services Report

December 15, 1997

	Minor Repairs	Referrals	Assessments	Chore Day	Total Services	New Clients	Total (Undup) Clients	Hours For Repair	Hrs Worked Chore Day	# of Chore Volunteers
	FY 97	FY 97	FY 97	FY 97	FY 97	FY 97	FY 97	FY 97	FY 97	FY 97
MUNICIPALITY										
WARRENVILLE	7	4	-	14	25	4	18	9.25	123	41
WAYNE	-	1	-	-	1	1	1	-	-	-
WEST CHICAGO	10	11	-	-	21	13	16	10	-	-
WESTMONT	29	27	3	21	80	31	50	32.5	210	70
WHEATON	34	38	1	-	73	26	44	56.25	-	-
WILLOWBROOK	9	4	3	-	16	6	8	22.75	-	-
WINFIELD	2	-	-	-	2	2	2	3	-	-
WOOD DALE	8	10	2	-	20	8	14	8.5	-	-
WOODRIDGE	4	15	1	-	20	14	15	6.25	-	-
AURORA								7		
BARTLETT								9		
HANOVER PARK								2.75		
OTHER	16						10	2		
TOTALS	558	681	70	198	1,491	541	927	792.25	2,831	909

Workshop Meeting - January 26, 1998

5

5. Budget Request DuPage Senior Citizens Council. The Manager said a report was prepared by Barb Leiber regarding a request from the DuPage Senior Citizens Council for \$11,075.00 for fiscal year 1998/99 beginning on May 1, 1998. It includes Meals on Wheels and a home maintenance program.

Ms. Barbara McGilvray, Assistant Executive Director of DuPage Senior Citizens Council said they deliver meals five days a week from two centers in Downers Grove. They have a Saturday program from Rest Haven, and frozen meals are also provided for weekends.

Mayor Schnell noted that they report serving 246 seniors and asked if those were the number served weekly. Ms McGilvray said that they serve 246 seniors over the year as some people use the program occasionally and there are others who need longer care. She said that the administrative costs are very low for the program as they have donated space and volunteers deliver the meals. She said that approximately 20,000 meals are served in Downers Grove in the year, and they receive additional funding support from the government and United Way to cover the costs.

Mr. Bob Gould, resident of Downers Grove and Secretary of the DuPage Senior Citizens Council, said that overall expenses are about 17% with 83% going directly to the program. That places the organization in the top 1/3 of charitable organizations. The cost per meal is \$5.02, and they are requesting a subsidy of \$.25 to prevent having a waiting list.

Mayor Schnell said she believes it is important that citizens of Downers Grove know that the funding is primarily going to the people in need rather than administrative costs of the organization.

6. Heritage Festival Fishel Park Concert. The Manager said that the music group, "The Turtles," is available to perform at the Heritage Festival Fishel Park concert. A contract has to be authorized quickly and he said that the Council can recommend this by Motion.

Commissioner Gilbert apologized for the short time however, they only found out of their availability recently.

7. Surrounded Parcel Annexation & Rezoning. Due to time constraints, this item will be discussed at a later date.

MAYOR

1. Consent Agenda. The Mayor reviewed the items on the Consent Agenda. There were no questions from the Council.

2. Active Agenda. The Mayor said there were no items on the Active Agenda.

28, 1998 outdoor performance in conjunction with the Downers Grove 1998 Heritage Festival. This agreement is approved in the form as presented to the Village Council and the Village Manager and staff are authorized and directed to execute such documents and take such actions as may be necessary to carry out the terms of this motion. Commissioner Carlson seconded.

VOTE: YEA - Commissioners Gilbert, Carlson, Sisul, Schnell, Mayor Cheever
NAY - None

Mayor Cheever declared the motion carried.

Index: **HERITAGE FESTIVAL 1998 - ENTERTAINMENT**

4. Motion: Authorize DuPage Senior Citizens Council Budget Request. Mayor Cheever said this Motion will authorize a grant in the amount of \$11,075.00 to the DuPage Senior Citizen Council as set forth in their letter of December 18, 1997. This will provide \$7,475.00 for the Meals on Wheels Program and \$3,600.00 for the Home Maintenance Program.

Commissioner Carlson moved to approve a grant in the amount of \$11,075.00 to the DuPage Senior Citizens Council to assist in offsetting a portion of the cost for the Meals on Wheels Program (\$7,475.00) and their Home Maintenance Program (\$3,600.00). The Village Manager and staff are authorized to execute such documents and take such actions as may be necessary to carry out the terms of this motion. Commissioner Schnell seconded.

VOTE: YEA - Commissioners Carlson, Schnell, Gilbert, Sisul, Mayor Cheever
NAY - None

Mayor Cheever declared the motion carried.

Index: **DUPAGE COUNTY SENIOR CITIZENS COUNCIL**

file

VILLAGE OF DOWNERS GROVE

COUNCIL ACTION SUMMARY

INITIATED: Dir. of Health & Human Resources DATE: February 22, 1999
(Name)

RECOMMENDATION FROM: N/A FILE REF: _____
(Board or Department)

NATURE OF ACTION:

STEPS NEEDED TO IMPLEMENT ACTION:

- Ordinance
- Resolution
- Motion
- Other

Motion to Adopt "RESOLUTION AUTHORIZING GRANT TO THE DUPAGE SENIOR CITIZENS COUNCIL, as presented.

03

SUMMARY OF ITEM:

Adoption of this resolution will authorize funding for two programs administered by the DuPage Senior Citizens Council for Fiscal Year 1999/2000. The Meals on Wheels Program will be funded in the amount of \$9,837.24 and the Home Maintenance Program will be funded in the amount of \$7640.00.

RECORD OF ACTION TAKEN:

2/8: m 2/22

2/22: Res. 99-5

RESOLUTION NO. 99-5**RESOLUTION AUTHORIZING GRANT TO THE DUPAGE SENIOR CITIZENS COUNCIL**

WHEREAS, application has been made by the DuPage Senior Citizens Council that the Village participate in funding for the "Meals on Wheels" nutrition program for Fiscal Year 1999/2000 in the amount of \$9,837.24; and

WHEREAS, a companion request has been submitted with the DuPage Senior Citizens Council that the Village participate in funding a Home Maintenance Program for Fiscal Year 1999/2000 in the amount of \$7,640.00; and

WHEREAS, the Village Council has determined that it is in the best interest of the citizens of the Village of Downers Grove to participate in the programs as requested by the DuPage Senior Citizens Council.

NOW, THEREFORE, BE IT RESOLVED, by the Village Council of the Village of Downers Grove as follows:

1. That the Village shall participate with the DuPage Senior Citizens Council in the funding of the "Meals on Wheels" Nutrition Program in the amount of \$9,837.24 for Fiscal Year 1999/2000.


2. That the Village shall participate with the DuPage Senior Citizens Council to partially fund the Home Maintenance Program in the amount of \$7,640.00 for Fiscal Year 1999/2000.

3. That the grants set forth herein are subject to the conditions and limitations set forth in the letter dated December 10, 1998 from Joan Taylor, Executive Director, DuPage Senior Citizens Council, including attachments thereto entitled "Proposal for Nutrition to the Village of Downers Grove", and "Proposal for Home Maintenance to the Village of Downers Grove" (copies of the foregoing are attached).

4. The Village Manager and staff are authorized to take such actions as may be necessary to carry out the terms of this resolution.

5. That all resolutions or parts of resolutions in conflict with the provisions of this Resolution are hereby repealed.

6. That this Resolution shall be in full force and effect from and after its passage as provided by law.



Mayor

Passed: February 22, 1999

Attest: 

Village Clerk



Established 1975

DUPAGE SENIOR CITIZENS COUNCIL

A not-for-profit association dedicated to helping older people

December 10, 1998

Jerry Sprecher, Acting Manager
 Village of Downers Grove
 801 Burlington Avenue
 Downers Grove, IL 60515

Dear Mr. Sprecher,

I am submitting the two enclosed proposals to be considered for funding from the Village of Downers Grove during its 1999/00 fiscal year. As a current financial supporter of our home delivered meals and minor home repairs, we want you to know that we are truly grateful for your contribution toward the expense of these important programs.

The first proposal you will find from us requests a sum of \$9,837.24 to be used toward the cost gap of the 28,106 home delivered meals we project serving to the seniors of Downers Grove in our 1999 fiscal year. As the number of seniors continues to increase, it is imperative to assure that there are community programs in place which enable seniors to remain in their own home - safely and with dignity. Frequently, social service providers find that seniors will go to great lengths to mask the fact that they are too frail to shop or cook for themselves. Some hide their need for assistance for fear they will be labeled unable to care for themselves and be placed in a nursing home. In most cases, these seniors are actually quite capable of caring for themselves at home and only require assistance to obtain proper nourishment. The Council's cost-effective Nutrition Program helps seniors who wish to stay in their own homes and communities. This program is also helpful to the senior's caregivers that often work full time and have other family responsibilities.

The second proposal is for our Home Maintenance Program. In the past we have offered municipalities the opportunity to bring Chore Days to their community, by supporting our Home Maintenance Program. This year we are offering municipalities two options as to how they can support this program. They can contribute toward the cost gap for the home maintenance repair service their residents receive or they can contribute toward the cost gap of the home maintenance program and the expense of developing and operating the Chore Days program.

Our Home Maintenance Program was developed to meet an identified need in the community - a way for seniors to access affordable minor home repair service so that their home remains functional and in good repair. Most of the repairs that are needed are typically too small

2200 S. Main Street, Suite 308 ▲ Lombard, IL 60148-5366

Office 630/620-0804 ▲ Fax 630/620-1158 ▲ Nutrition/Natural Helpers 630/620-9749 ▲ Home Maintenance 630/620-9794

Page 2

Village of Downers Grove

for most contractors to take on, yet they are necessary to ensure that the senior can maintain a decent, safe, and sanitary living environment. Without our program, seniors would be left to randomly selecting a repairman through want ads or posters – which would leave many of them easy prey for con artists.

The Council's Home Maintenance Program provides seniors with a safe, reliable source for minor home repairs and referrals. However, in order to keep it affordable to seniors we must find other sources to meet its operating cost gap. We are asking municipalities to contribute \$40 per hour of service provided in their community. In our fiscal year 1999 we are projecting to provide 134.25 hours of service, which brings our Home Maintenance Program request to \$7,640.00.

The option of also developing and operating our Home Maintenance Program's Chore Days would be an additional cost of \$4,500 for the Village of Downers Grove. Chore Days is a twice-yearly initiative that matches volunteers of all ages together with senior homeowners who need assistance in preparing their yards for the changing season. It promotes neighbors helping their senior neighbors and working together to keep their community safe and beautiful.

Last year we had 16 municipalities supporting either one or both of these programs. There are now 18 supporting municipalities and we have also received funding from four townships. While we have just begun our annual process of soliciting municipalities, we fully expect to add several more by the end of our fiscal year.

As our population continues to age, there will be an ever increasing need to assure that there are programs in place which enable seniors to remain in their own home, safely and with dignity. Local support is needed to make this possible.

Again, I thank you for your past support and for this opportunity to submit these proposals. Should you have any questions, please contact Patti Terkovich or me at 630/620-0804. We would be delighted to have an opportunity to present these requests to your Council. We look forward to hearing from you and hopefully continuing to work together to serve an even greater number of seniors in the coming years.

Sincerely,



Joan Taylor
Executive Director

cc: Betty M. Cheever, Mayor

Proposal for Nutrition to the Village of Downers Grove

Executive Summary

DuPage Senior Citizens Council is requesting the Village of Downers Grove renew its annual financial support of its Nutrition Program's home delivered meals. The Council is requesting a sum of \$9,837.10 to be used to help meet the expense of home delivered meals served to Downers Grove's homebound elderly. These meals are essential in helping our most frail elderly receive proper nutrition so that they can remain in their own homes and communities.

Community Need

Census information from 1991 indicated that there were over 96,000 seniors over age 60 living in DuPage County. Approximately 40 percent of these seniors are over the age of 75, - which is the age group typically most frail and at risk.

The total population for Downers Grove is 46,858. Seniors aged 60 and above account for 17% Downers Grove's population and 17% of the seniors are over the age of 80. However, these numbers are over a decade old. And since it is well known that we have an aging population, the percentages are most likely greater than what we can report at this time.

As the number of seniors continues to increase, it is imperative to assure that there are community programs in place which enable seniors to remain in their own home - safely and with dignity. Frequently, social service providers find that seniors will go to great lengths to mask the fact that they are too frail to shop or cook for themselves. Some hide their need for assistance for fear they will be labeled unable to care for themselves and be placed in a nursing home. In most cases, these seniors are actually quite capable of caring for themselves at home and only require assistance to obtain proper nourishment. The Council's cost-effective Nutrition Program helps seniors who wish to stay in their own homes.

Our Solution

The Council has been responsible for its Nutrition Program since 1983. This program concentrates on Home Delivered Meals and congregate Senior Dining Centers. There are a total of 39 centers - 23 of which serve home delivered meals to older people throughout the county five days a week. Six of our centers serve Saturday meals to homebound seniors who do not have family support over the weekend. Space for all of the Council's Senior Dining Centers is donated.

Home Delivered Meals help homebound seniors maintain their physical and mental

health, so that they may stay safely in their own homes and communities. Home Delivered Meal participants are typically the frail elderly or seniors who have just come home from the hospital and need temporary assistance while recuperating.

Each weekday about 900 hot, nutritious meals are delivered to homebound seniors throughout the county. Volunteers drive 110 routes and assist Dining Center Directors in each of the facilities. The Dining Center Directors coordinate the volunteer activities for their Center.

Home Delivered Meals also provide consistent monitoring of the wellbeing of each participant and help to strengthen community ties by encouraging neighbors to help neighbors.

In fiscal year 1998, the DuPage Senior Citizens Council provided a total of 219,161 home delivered meals to 2,056 participants. During fiscal year 1999 the Council projects to increase the number of meals served by 5 percent (or 230,012 meals).

Our Program's quality is assured by the following check systems:

- All Dining Center Directors receive sanitation training and certification.
- Our registered dietician reviews our monthly menus to ensure meals are nutritionally balanced.
- The Health Department inspects the sanitary condition of the facilities and tests the food temperatures to ensure that we are meeting the established health and sanitation guidelines.
- The Council is also monitored by the Northeastern Illinois Area on Agency which evaluates the overall program, reviews the reports from the DuPage County Department of Public Health, and checks to ensure that the organization is meeting the goals of the Older Americans Act. The Northeastern Illinois Area Agency on Aging administers the Older Americans Act funds.
- Our Nutrition Advisory Committee exists as a formal way for participants to provide input. Members of this committee include representatives from the Senior Dining Centers.
- Each year the Centers survey participants to learn their opinions about all aspects of the program. Participant thoughts and reactions are also continually encouraged via the Senior Dining Center Directors.

The Nutrition Program encourages friends, neighbors, or family members of any age who extend a helping hand to seniors. Anyone who observes special needs or problems when assisting a senior can discuss their concerns with one of the Council's specially trained Senior Dining Center Directors who serve as "Natural Helper Directors." These Directors provide information, education, and a listening ear to those caring for older people.

In Downers Grove, the Community Adult Day Care, Immanuel Residence, Lincoln Center, and Peace Memorial Manor each host one of our congregate Senior Dining Centers. We also provide frozen meals to seniors who need evening and Sunday meals. All of the Council's dining centers are run by part-time staff who use volunteers in all possible aspects to help keep costs down. Approximately 300 volunteers participate in our work each day.

Objective

Since 1983, it has been the top priority of the agency to serve all DuPage seniors who need to receive home delivered meals in a timely manner. It is our belief that putting a senior on a waiting list often leads to premature institutionalization and to the detriment of the senior, the family, and the community.

The Council is striving to ensure that Downers Grove's residents never have to experience a waiting list due to lack of funding. Increasing costs and limited resources have made the Council take a long hard look at what needs to be done in order to keep the program fully operational in each community. To attain this goal, DuPage Senior Citizens Council is again seeking funds from each municipality to help defray the expense of the meals served to their senior residents.

Cost of Program

In our fiscal year 1999, it will cost the Council \$5.32 per home delivered meal. This amount includes administrative costs attributed to providing the meal, but does not include in-kind donated space or volunteer time. Participant contributions (31%), government funding (51%), and United Way contributions (9%) cover approximately 91 percent of the cost of each meal. This means that DuPage Senior Citizens Council must raise an additional 49¢ per meal to cover the full cost of this vital service. In all, the Council must raise \$124,829 through local fund raising efforts.

Meal programs are by far the most cost-effective, preventative care alternative. At \$5.32 a day, the Council is able to supply meals for a year to a senior for about the same amount of money for a person to reside in a nursing home for three weeks or to spend one day in the hospital.

Request

As stated earlier, there are over 96,000 seniors living in incorporated DuPage County. The last census reported that there were 7,736 seniors aged 60 and above living in Downers Grove – and 17% of these seniors were over the age of 80. And while these numbers are out of date, we do know that the aging trends mean that these numbers have most likely increased.

The Council has always prided itself on achieving its goal of serving every senior in need of home delivered meals. However, government funding is insufficient. The Council receives support from all DuPage United Ways and raises funds through numerous other fundraising initiatives. Yet, this is not enough to meet increasing costs.

We are again turning to municipalities to ask for their continued help in meeting the expense of home delivered meals for their residents. Last year our volunteers delivered an average of 112 home delivered meals to 239 of your senior residents. In our 1999 fiscal year, we expect the number of seniors needing meals to increase five percent. That means we anticipate serving approximately 28,106 home delivered meals to Downers Grove's senior residents. We ask that you contribute 35¢ per meal or \$9,837.10 to ensure that the elderly in your community will not be put on waiting lists.

Our Nutrition Program helps seniors to maintain proper nutrition and to safely stay in their own home - where they prefer to be and for a cost far less than other alternatives. Perhaps most importantly, the Program enables seniors to maintain dignity and independence, at a time in their life when they are experiencing many losses.

We ask that the Village of Downers Grove consider our request and renew its annual support of this important program. We are asking for a sum of \$9,837.10 which will be used to help meet the cost of the meals we are projecting to serve in Downers Grove, we will be able to avoid putting seniors who need home delivered meals on waiting lists.

Attachment:
Budget
News clips

Proposal for Home Maintenance to the Village of Downers Grove

Executive Summary

DuPage Senior Citizens Council is requesting the Village of Downers Grove renew its financial support to help meet the expense of operating our Home Maintenance Program in Downers Grove. The Home Maintenance Program specializes in minor home repairs that help seniors maintain the safety and functional use of their homes. This program was created with a special one-time grant to meet an identified need in the county. The continued growth of this program clearly demonstrates that seniors need a reliable source they can turn to for assistance with home repairs. However, it is expensive to operate this program and we are again turning to municipalities to help us meet the cost. We are asking the Village of Downers Grove to contribute \$7,640.00 toward the expense of serving its senior residents during the 1999 fiscal year.

We are also offering to develop our Home Maintenance Program's Chore Day as a separate option. This is a twice-yearly seasonal program that recruits volunteers and matches them with seniors who need assistance in readying their yards for the changing season. The Council is offering to develop and coordinate this special program for the Village of Downers Grove for an additional \$4,500.

Community Need

Census information from 1991 indicated that there were over 96,000 seniors over age 60 living in DuPage County. Approximately 40 percent of these seniors are over the age of 75, - which is the age group typically most frail and at risk.

The total population for Downers Grove is 46,858. Seniors aged 60 and above account for 17% of Downers Grove's population and 17% of the seniors are over the age of 80. However, these numbers are over a decade old. And since it is well known that we have an aging population, the percentages are most likely greater than what we can report at this time.

As the number of seniors continues to increase, it is imperative to assure that there are community programs in place which enable seniors to remain in their own home - safely and with dignity. Many older people sometimes need general assistance to keep up their homes. This is particularly true for those seniors who are frail, have limited income, and whose family now lives elsewhere. Most private contractors are unwilling to take on small repair jobs and if they do, their going rate makes their service cost prohibitive to those living on a low fixed income. Seniors are also easy prey for con-artists, so many senior homeowners are afraid to have a stranger come into their home. They simply do not know to whom they can turn to help maintain their home and yard.

Our Solution

Our Home Maintenance Program was developed to meet this identified need in the community - a way for seniors to access affordable minor home repair service so that their home remains functional and in good repair. Most of the repairs that are needed are typically too small

for most contractors to take on, yet they are necessary to ensure that the senior can maintain a decent, safe, and sanitary living environment. This program also plays a key role in helping seniors preserve their dignity as they remain in the community that has often been their home for decades.

The Council's Home Maintenance Program is dedicated to providing affordable services so seniors can maintain the functional use, safety, and value of their homes. Priority is given to older people who have safety or health concerns and for those living on a low fixed income. Services performed by the Council's service personnel include minor plumbing, carpentry and electrical repairs; installation of safety devices; and installation of equipment for clients of DuPage County Department of Human Services' Title IID program.

We also play a key role by serving as a "trusted, knowledgeable friend" to seniors whose homes need repair. Our service personnel help seniors determine what type of work needs to be done, review job bids from other contractors, and prioritize repair work when they are living on a tight budget.

The Council's subsidized minor home repair program, funded by Community Development Block Grant funds, has provided us with the opportunity to offer service to "low" and "very low" income eligible seniors. The Council is currently in its second year of operation for this subsidized program.

The Council has just received a grant from Central DuPage Health Systems to offer seniors a free home safety assessment. This special initiative is designed to help reduce falls in the home. Part of these funds will cover the cost of safety equipment such as grab bars and smoke detectors, etc. for qualifying seniors.

Our staff provides referrals for major repair work. All outside contractors are pre-screened by the Council's Home Maintenance Department and must be insured and in good standing with the Council. Follow-up questionnaires are sent to the seniors to find out how they felt about the quality of work performed by Council staff and contractor referrals.

This year we are offering our Chore Days Program as an optional program to municipalities that support the regular Home Maintenance Program. This is a twice-yearly, volunteer-driven initiative to do seasonal chores for older low-to-moderate income homeowners who are no longer able to do these tasks themselves, nor do they have family nearby who can help them. The Council is responsible for hiring a community coordinator, identifying qualified seniors, assessing what chores need to be done at each residence by making a home visit, making appropriate referrals for other needs the seniors may have, and recruiting and training community volunteers for Chore Day. In the first year of this program, we would expect to coordinate Chore Days for approximately 15 homes in both the spring and fall. This project will generate approximately 130 hours of volunteer work for Downers Grove's seniors.

The Home Maintenance Program also serves as a crime prevention measure, because keeping up the appearance of a property helps to eliminate potential problems. Having a reputable organization providing and overseeing this service lessens the likelihood that seniors will be taken in by unscrupulous contractors.

Objective

Our objective with this program is to provide seniors with the assistance they need so that they may continue to live in a safe, functional, and sanitary living environment. Whether it is someone to install a handrail, refer them to a trustworthy contractor for a major home repair, or tell them what work really needs to be done and help them to prioritize the repairs to meet their budget, our Home Maintenance Program is there to help. This program is unique in that it simultaneously benefits seniors who require our assistance - while benefiting the community's infrastructure where they reside.

We play a key role by serving as a "trusted, knowledgeable friend" to seniors whose homes need repair. Our service personnel help seniors determine what work needs to be done, review job bids from other contractors, and prioritize repair work when they are living on a tight budget. During the past year our Home Maintenance Program's service personnel spent 134.25 hours on home repairs, provided 57 referrals, and served 92 seniors in the Village of Downers Grove. We anticipate providing about the same amount of service to Downers Grove's elders in our current fiscal year.

The Council is striving to ensure that this program is always available to help seniors. However, limited resources have made the Council take a long hard look at what needs to be done in order to keep this program fully operational in each community. In order to accomplish this goal the Council is seeking funds from each municipality to help defray the expense of the minor home repair service we provide for your senior residents.

Cost of Program

In fiscal year 1999 it will cost the Council more than \$261,945 to operate the Home Maintenance Program. The cost of this program is currently covered in part by client payments (15%), a Community Development Block Grant (19%), Title IIID Grant (4%), and United Way contributions (10%). The remaining 62% or \$163,975 must be raised from other sources such as corporations, foundations, individuals, townships, and municipalities. We need support from municipalities to ensure the continuity of our Home Maintenance Program.

Request

As stated above our program helps seniors maintain their personal safety and the value of their home and community. It enables seniors to safely stay in their home - where they prefer to be and for a cost far less than other alternatives. Our having developed a countywide program to address the special home repair needs of older people means that communities have an affordable resource on hand rather than having to develop a much costlier program on their own.

We are requesting that the Village of Downers Grove contribute \$40 for each senior we serve through our Home Maintenance Program. As stated earlier, we expect to serve at minimum the same number of seniors this year as we did last year. This would mean we would spend approximately 191 hours doing minor home repairs in Downers Grove. At \$40 per senior, the sum we are requesting comes to \$7,640.00.

As stated earlier, we are also offering municipalities the option to have the Council develop our Chore Day Program for your older low-to-moderate income homeowners who are not

longer able to do these tasks themselves, nor do they have family nearby who can help them. In its first year, we would expect to coordinate Chore Days for approximately 15 homes in both the spring and fall. The project will generate approximately 130 hours of volunteer work for Downers Grove's seniors. This program is available for an additional \$4,500 and is only available to municipalities who are also supporting the regular Home Maintenance Program.

We ask that you consider this request and renew your annual support of this important program. Your contribution of \$7,640.00 will help DuPage Senior Citizens Council sustain its efforts in helping seniors maintain the safety and use of their homes. And should your City Council be interested in developing our Chore Day Program, we would be happy to work together to bring this special service to Downers Grove's senior population.

Attachments:

Budget

News clips

DuPage Senior Citizens Council

Municipalities Funding DuPage Senior Citizens Council Programs

Those funding the Home Maintenance Program:

Bensenville
Downers Grove
Elmhurst
Glendale Heights
Lisle
Lombard
Villa Park
Warrenville
Westmont
Wood Dale

Those funding the Nutrition Program:

Addison
Bensenville
Downers Grove
Lisle
Naperville
Warrenville
West Chicago
Wheaton
Willowbrook
Wood Dale

Funding Townships:

Milton
Naperville
Wayne
York

DUPAGE SENIOR CITIZENS COUNCIL

OPERATING BUDGET

YEAR ENDING SEPTEMBER 30, 1999

REVENUE:

FEDERAL / STATE GRANTS	864,455	
PROJECT INCOME	672,069	
MUNICIPALITY GRANTS	109,865	
CONTRIBUTIONS & FUND RAISERS	143,843	
UNITED WAY	149,051	
INTEREST	4,750	
RESALE SHOP PROFIT	46,232	
REIMBURSEMENTS	14,480	
PUBLICATION ADVERTISING	14,500	
OTHER GRANTS	10,000	
		<u>\$2,029,245</u>

EXPENSES:

NUTRITION PROGRAM:		
PERSONNEL	381,905	
FOOD	940,646	
TRAVEL & DELIVERY	11,500	
EQUIPMENT & SUPPLIES	8,400	
ALL OTHER	14,800	
		<u>1,357,251</u>
HOME MAINTENANCE PROGRAM:		
PERSONNEL	146,951	
MATERIAL	37,100	
TRAVEL	5,750	
ALL OTHER	9,950	
		<u>199,751</u>
GENERAL & ADMINISTRATIVE	367,998	
FUND RAISING	104,245	
		<u>\$2,029,245</u>

Aurora and Woodridge chose to focus on diversity issues. She said the Downers Grove group would ask the Steering Committee to identify an issue appropriate to Downers Grove such as how to make the Village the healthiest community it can be. The Steering Committee, rather than the Human Service Commission, needs to identify the issue.

The Mayor said this is informational only at this time. The request for funding will be in the draft budget. The Manager confirmed. The Mayor said it is reminiscent of the DARE Program in that it is difficult to quantify the success of the program.

2. DuPage Senior Citizens Council – Subsidy Report. The Manager said Joan Taylor, Executive Director of the DuPage Senior Citizens Council, was present to discuss funding for the Meals on Wheels program and the Home Maintenance Program. The request is for \$9,800 for Meals on Wheels for fiscal 1999/2000, and \$7,600 for the Home Maintenance Program. The Manager said that last year was the first year the Council provided a contribution. It was for \$10,000. Staff has indicated its recommendation to contribute the same amount.

Joan Taylor thanked the Village for providing funding last year for the Senior Citizens program. The contribution started a second wave of funding, and 19 municipalities have also joined the program. She said a large percentage of services are in Downers Grove. Seven of their 39 centers are in the Village. Seventeen percent of the meal participants are from the Village and 11% of home maintenance service hours are in Downers Grove.

The Mayor referred to the chart provided by Ms. Taylor, and asked if it was correct that 134 hours of service were provided to the Village in minor repair work. In addition, 57 referrals were made which take a considerable amount of time. Ms. Taylor said the program costs \$40.00 per hour. She said it is very costly to run a repair program.

The Mayor then asked about the administrative costs. Ms. Taylor said they are less than 20% by United Way standards. Regarding personnel, she said some personnel costs are direct expenses and some are administrative.

Commissioner Schnell asked about the staff funding recommendation of \$10,000. The Manager said it was based upon the award from last year. He noted that the requests for the two years are very similar. Commissioner Schnell said it is a very worthwhile program.

Commissioner Carlson agreed that this is an excellent program and aids in keeping seniors in their homes. She recalled that last year the Council did not fund the home maintenance portion because of the Village's Neighbor-to-Neighbor program. However, since that program is not as successful as they would like it to be, she would recommend awarding the entire amount until the Neighbor-to-Neighbor Program is revamped.

B. ACTIVE AGENDA

Village Attorney Blondin stated that no changes in the ordinances or resolutions have been made. He noted the Max Madsen agreement was changed and discussed earlier at Workshop; however, the resolution was not changed.

1. Resolution: Authorize Grant to DuPage Senior Citizens Council. Mayor Cheever said this will authorize funding for two programs administered by the DuPage Senior Citizens Council for Fiscal Year 1999/2000. The Meals on Wheels Program will be funded in the amount of \$9,837.24 and the Home Maintenance Program will be funded in the amount of \$7,640.00.

RESOLUTION AUTHORIZING GRANT TO THE DUPAGE SENIOR CITIZENS COUNCIL

RESOLUTION 99-5

Commissioner Schnell moved to adopt "A **RESOLUTION AUTHORIZING GRANT TO THE DUPAGE SENIOR CITIZENS COUNCIL**", as presented. Commissioner Sisul seconded.

VOTE: YEA – Commissioners Schnell, Sisul, Carlson, Gilbert, Mayor Cheever
NAY – None

Mayor Cheever declared the motion carried.

Index: **DUPAGE SENIOR CITIZENS COUNCIL**

2. Resolution: Authorize Contract Addendum with T.Y. Lin International/BASCOR for Development of a Village –Wide Bicycle and Pedestrian Plan. Mayor Cheever said this will authorize an addendum to the bicycle way agreement in the amount of \$26,849.18 to develop a pedestrian plan.