

VILLAGE OF DOWNERS GROVE
Report for the Village Council Meeting
4/12/2016

SUBJECT:	SUBMITTED BY:
Motion to Authorize Contribution to DuPage Senior Citizens Council	David Fieldman Village Manager

SYNOPSIS

A motion has been prepared to authorize a \$30,000 contribution for FY16 to the DuPage Senior Citizens Council for the Meals on Wheels program.

STRATEGIC PLAN ALIGNMENT

Exceptional Municipal Services is a strategic goal for 2015-2017. *Explore Intergovernmental Partnerships for the Provision of Human Services* was identified by the Village Council as a High Priority Action Item.

FISCAL IMPACT

The motion is to authorize a \$30,000 contribution in FY16 to the DuPage Senior Citizens Council.

BACKGROUND

This item was budgeted for the FY16 budget.

ATTACHMENTS

Correspondence from the DuPage Senior Citizens Council

VILLAGE OF DOWNERS GROVE
COUNCIL ACTION SUMMARY

INITIATED: Village Manager DATE: April 12, 2016
(Name)

RECOMMENDATION FROM: _____ FILE REF: _____
(Board or Department)

NATURE OF ACTION:

STEPS NEEDED TO IMPLEMENT ACTION:

- Ordinance
- Resolution
- Motion
- Other

Motion to authorize contribution of \$30,000 to the DuPage Senior Citizens Council for the Meals on Wheels program for FY 2016.



SUMMARY OF ITEM:

Adoption of this motion shall authorize contribution of \$30,000 the DuPage Senior Citizens Council for the Meals on Wheels program for FY 2016.

RECORD OF ACTION TAKEN:



DuPage Senior Citizens Council

facebook



Providing Meals and More...

1990 Springer Drive, Lombard, IL 60148 • 630-620-0804 • fax 630-620-1158

Board of Directors:

Terry Klein
President

Marylin Krolak
Executive Director

Karen McClure
Vice President/Treasurer

Cynthia Schmidt CFRE
Vice President/Secretary

Sharon Jordan
Vice President

Michael Micek

Aubrey Van Reken

Emeritus Member:
Eileen R. Fitzgerald, J.D.

February 29, 2016

Mayor Martin Tully
Village of Downers Grove
801 Burlington Road
Downers Grove, IL 60515

Dear Mayor Tully,

This letter is to formally request funding from the Village of Downers Grove for support of the DuPage Senior Citizens Council (DSCC) programs that benefit "at risk" seniors with in your community. No other entity in Downers Grove or DuPage County provides these services.

Enclosed is a report that shows the services we provided to seniors in Downers Grove during DSCC's last fiscal year. DSCC proposes to provide these same services during the upcoming year and have also enclosed that proposal. The fiscal years for DSCC and the Village of Downers Grove overlap. However, we anticipate that the number of seniors served, and the requests for services we provide, will be equal to or slightly higher than the numbers in our report.

As you know, the State of Illinois' budget impasse problems have left many programs without adequate funding, including Meals on Wheels and other services for seniors. This is happening at the same time when the number of seniors and the requests for services we provide is increasing. Without your support of DSCC services, we will be forced to cut or eliminate services and seniors will have no place to turn.

DSCC truly appreciates our long-term and on-going partnership. On behalf of the aging population we serve, thank you for financially supporting our programs that have enabled seniors to live with dignity and as much independence as possible.

If you have additional questions, please contact me directly at 630-620-0804. We look forward to hearing from you soon.

Sincerely,

Marylin Krolak
Executive Director

cc: David Fieldman, Village Manager
Judy Buttny, Finance Director
Trustees

Enclosures

**DUPAGE SENIOR CITIZENS COUNCIL
PROPOSAL OF SERVICES - VILLAGE OF DOWNERS GROVE
FY 2016-2017**

Overview of Services

The DuPage Senior Citizens Council (DSCC) proposes to provide the following programs and related services to your senior residents for the upcoming fiscal year.

A. Senior Nutrition Program

Home Delivered Meals “Meals on Wheels” will be delivered to frail and homebound seniors by DSCC staff and volunteers during the week with weekend and holiday meals available to those most in need. An Emergency Follow-Up Procedure is in place for any senior who was expected to be at home but is not. DSCC will collaborate with Downers Grove to account for every “missing” senior by the end of each business day.

Community Dining will be provided at various locations throughout DuPage County allowing those seniors that are more active to socialize, participate in activities, and receive valuable health and wellness information. All meals served will be balanced, nutritious, and meet the dietary needs required, such as low sodium, vegetarian, or diabetic, for adults 60 and over. Each meal will be equivalent to 1/3 of the Reference Dietary Intake for adults over 60.

B. Well Being Checks

DSCC volunteers and staff will conduct a daily **Well Being Check** with each meal delivery. The Well Being Check alerts our staff to any observed changes in a senior’s physical or mental health, which is reported back to the senior’s designated emergency contact, or acted upon immediately if it is life threatening. As you know, DSCC’s Well Being Checks have been credited with saving the lives of Downers Grove residents.

C. Health and Wellness Education

At our Community Dining locations and with the Home Delivered Meals, DSCC will provide **monthly educational information** that focuses on a variety of topics pertinent to elderly lifestyles. Pre and Post surveys assist seniors with implementing these preventive health measures and help improve their health and wellness and avoid their premature institutionalization.

D. Home Maintenance Program

DSCC staff and select volunteers will provide **Minor Home Repairs** such as repairing or replacing leaky faucets or toilets, installing smoke and carbon monoxide detectors, light fixtures, fans, air conditioners, locks or deadbolts.

Page 2 – Proposal of Services – Village of Downers Grove

Additional services which enhance seniors' safety and security include installing bath benches, grab bars, and non-slip strips, as well as repairing and reinforcing walkway steps and stair railings.

In cases where homes require larger repair services, DSCC offers estimates and maintains a **Contractor Referral List** of certified and bonded tradesman that have agreed to provide discounted rates for seniors.

DSCC volunteers will help seniors with seasonal yard work such as raking leaves, gardening, and trimming shrubs through our **Chore Days** initiative. This maintains the value of their property and increases the senior's ability to remain in their home.

New for FY2016-2017, DSCC volunteers and staff will provide for seniors that request them a **Friendly Visit**. This service will assist older persons with basic home tasks such as taking out and bringing in the garbage, moving furniture, reaching items in high places, bringing in the mail, etc. The hour long visit will also provide an opportunity for the senior to talk and socialize with someone. This Friendly Visit service bridges the gap between our Home Delivered Meal delivery and Minor Home Repair service and has been widely requested by seniors living in the county, including Downers Grove.

Financial Support

In terms of improving quality of life and as basic need services, DSCC senior programs are priceless. The costs of these programs are covered through senior donations, DSCC's on-going fundraising efforts, and partially through State and Federal funds. However, in view of the continuing State Budget Impasse, assistance from the Village of Downers Grove is needed to continue these programs.

DSCC is proposing that the Village of Downers Grove partner with DSCC and restore funding as you have done in previous years.

Our suggested amount for FY2016-2017 is \$30,000.

If you have any questions or need additional information, please contact us at 630-620-0804.

DuPage Senior Citizens Council

Report of Services Provided – FY2015 Village of Downers Grove

History and Overview

Established in 1975, DSCC is a non-profit agency committed to seniors and operates several programs, including the “*Meals on Wheels*” program in DuPage County. Our mission is to promote the ability of elderly persons to live in dignity with as much independence as possible.

While much of American culture focuses on youth, DSCC advocates for the older generation who are the pillars of our society. These elderly persons have earned respect and deserve to live with dignity; however, many of them have become frail or otherwise lack the resources to provide for their own needs and rely on others for help.

Most of our clients are homebound seniors who live alone, and nearly 80% of them are at or below the poverty level. DSCC is a safety net for many individuals who might not otherwise eat a meal during the course of the day, have someone to help with a task or simply have someone to check in on them.

DSCC has historically received approximately half of its funding from federal and state grants, but that proportion has dropped substantially. **The State of Illinois continues to face a fiscal crisis jeopardizing state funding for community-based services. Municipality support is needed now more than ever to maintain service levels for seniors and avoid cutting critical lifesaving components.**

Following are the program descriptions and the number of services provided to the **Downers Grove** senior residents during our last fiscal year. (Please note that these numbers reflect a typical 12 month time frame, regardless of fiscal year beginning and end dates.)

DSCC Services

Senior Nutrition Program – Home Delivered Meals (“Meals on Wheels”) & Community Dining

- **14,800 meals to 225 unduplicated seniors**

Home Delivered Meals (“Meals on Wheels”) are packed and delivered each weekday to frail and homebound seniors in Downers Grove by DSCC staff and volunteers who have been trained in food safety. Community Dining Sites located throughout DuPage County provide an opportunity for elderly persons to socialize, participate in activities, and receive valuable health and wellness information. All meals served are balanced, nutritious, and meet special dietary needs such as low sodium, vegetarian, or diabetic. Each meal is equivalent to 1/3 of the Reference Dietary Intake for adults 60 and over.

Health and Wellness

- **225 senior residents received information each month**

DSCC offers a variety of educational information regarding topics that are pertinent to elderly lifestyles and disseminates this information through monthly presentations at our Community Dining Sites, and special visits from our volunteers and staff to our homebound seniors. As seniors become aware of these preventive measures, they can help improve their health and wellness and avoid premature institutionalization.

Home Maintenance Program

- **75 Minor Home Repairs & Yard Clean Up services to 30 senior residents**

DSCC's Home Maintenance program provides low-cost **minor home repairs** which assist older persons with basic home responsibilities associated with daily living. Typical examples are repairing or replacing leaky faucets or toilets and installing smoke and carbon monoxide detectors, light fixtures, locks or deadbolts. Additional services which enhance seniors' safety and security include installing bath benches, grab bars, and non-slip strips, as well as repairing and reinforcing walkway steps and stair railings. In cases where homes require larger repair services, DSCC offers assessments and provides **contractor referrals** to seniors. For help with smaller household tasks, companionship and socialization, we will be offering our **Friendly Visit** program during the upcoming year.

Chore Days are another service in the category of home maintenance DSCC offers the elderly. For three weekends during the spring and again in the fall, groups of volunteers of all ages help seniors with various outside chores such as raking leaves, gardening, trimming shrubs, and other yard tasks.

All of these services provides the assistance that enables seniors to keep up with the tasks of home ownership and increases their ability to remain in their homes.

Well Being Checks and Emergency Follow-Ups

- **10,170 Well Being Checks assuring the health and safety of senior residents**

Our Home Delivered Meal ("*Meals on Wheels*") volunteers and staff conduct a daily **Well Being Check** with each meal delivery and each on-site home maintenance service which allows DSCC to observe any changes in a senior's physical or mental health or physical surroundings. This value-added procedure results in several documented cases of staff and volunteers saving lives by finding a fallen or injured senior or uncovering a dangerous household situation. Our Well Being Check provides a tremendous cost-savings when compared to the cost of EMT services.

DSCC also has an Emergency Follow-Up Procedure is in place for any client who was expected to be at home - DSCC collaborates with your local police and fire department to account for every "missing" senior by the end of each business day.

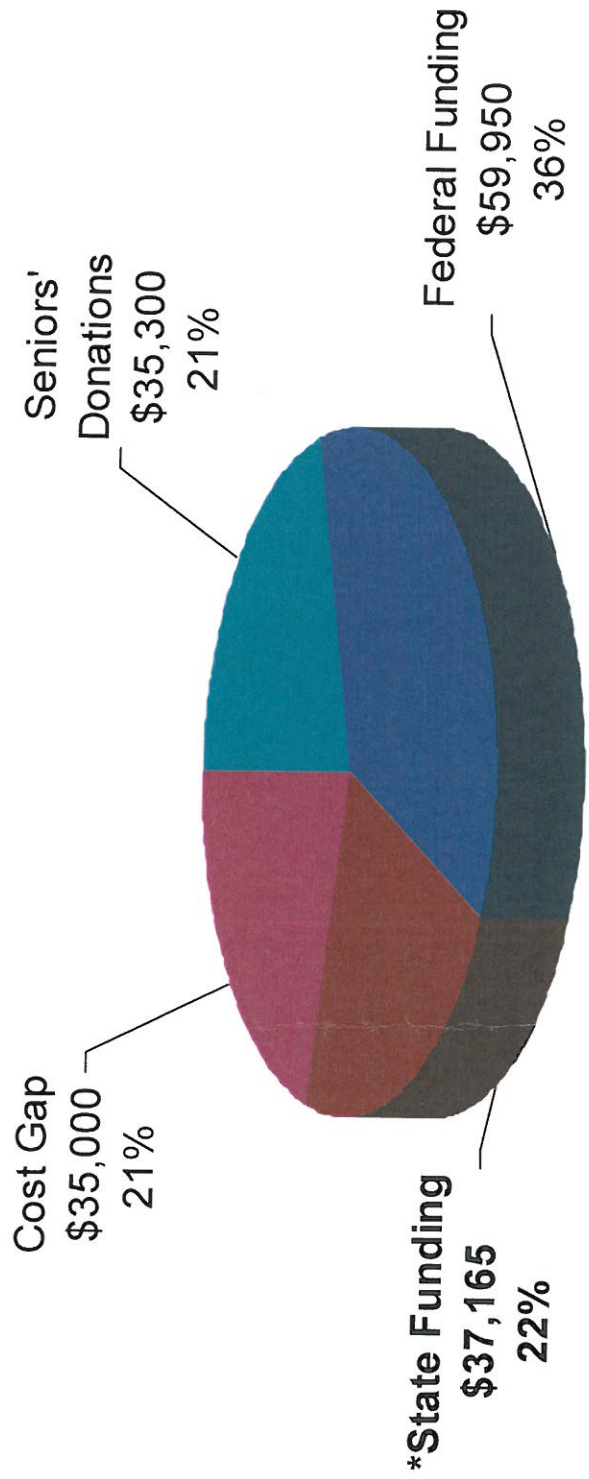
Village of Downers Grove Contribution History

DuPage Senior Citizens Council's Fiscal Year	Contribution Received
FY 2006 (10/01/05 - 09/30/06)	\$ 38,799
FY 2007 (10/01/06 - 09/30/07)	\$ 38,795
FY 2008 (10/01/07 - 09/30/08)	\$ 39,674
FY 2009 (10/01/08 - 09/30/09)	\$ 39,674
FY 2010 (10/01/09 - 09/30/10)	\$ -
FY 2011 (10/01/10 - 09/30/11)	\$ -
FY 2012 (10/01/11 - 09/30/12)	\$ -
FY 2013 (10/01/12 - 09/30/13)	\$ -
FY 2014 (10/01/13 - 09/30/14)	\$ -
FY 2015 (10/01/14 - 09/30/15)	\$ -
FY 2016 (10/01/15 - 09/30/16)	\$ 20,000
FY 2017 (10/01/16 - 09/30/17)	\$ -

Note: Per non-profit accounting principles, contributions are applied to the DSCC fiscal year in which they were received from or committed by the donor

Cost Analysis – Downers Grove Senior Residents (60+) All Programs

DSCC Fiscal Year 2015 (10/1/14 – 9/30/15)



***Continued State Funding is not assured and subject to cuts which will increase the cost gap.**