

VILLAGE OF DOWNERS GROVE
Report for the Village
4/3/2018

SUBJECT:	SUBMITTED BY:
Motion to Authorize Contribution to DuPage Senior Citizens Council	David Fieldman Village Manager

SYNOPSIS

A motion has been prepared to authorize a \$30,000 contribution for FY18 to the DuPage Senior Citizens Council for the Meals on Wheels program.

STRATEGIC PLAN ALIGNMENT

The goals for 2017-2019 include *Exceptional Municipal Services*.

FISCAL IMPACT

The FY18 Budget includes \$30,000 in the General Fund, (Page 4-3, Line 19) for this contribution.

RECOMMENDATION

Approval on the April 3, 2018 consent agenda.

BACKGROUND

The DuPage Senior Citizens Council provides a Senior Nutrition Program, well-being checks, health and wellness education and a Home Maintenance Program for senior residents of DuPage County.

ATTACHMENTS

Correspondence from the DuPage Senior Citizens Council

VILLAGE OF DOWNERS GROVE
COUNCIL ACTION SUMMARY

INITIATED: Village Manager DATE: April 3, 20178
(Name)

RECOMMENDATION FROM: _____ FILE REF: _____
(Board or Department)

NATURE OF ACTION:

STEPS NEEDED TO IMPLEMENT ACTION:

- Ordinance
- Resolution
- Motion
- Other

Motion to authorize contribution of \$30,000 to the DuPage Senior Citizens Council for the Meals on Wheels program for FY 2018.



SUMMARY OF ITEM:

Adoption of this motion shall authorize contribution of \$30,000 to the DuPage Senior Citizens Council for the Meals on Wheels program for FY 2018.

RECORD OF ACTION TAKEN:



DuPage Senior Citizens Council

Providing Meals and More...

Board Of Directors:

Terry Klein
President

Marilyn Krolak
Executive Director

Karen McClure
*Vice President /
Treasurer*

Cynthia Schmidt,
CFRE
*Vice President /
Secretary*

Michael Micek
Vice President

Aubrey Van Reken

Mary Ann Hollis, DDS

Raza Siddiqui

Emeritus Member:

Eileen Fitzgerald, J.D.

March 19, 2018

Mayor Martin Tully
Village of Downers Grove
801 Burlington Road
Downers Grove, IL 60515

Dear Mayor Tully,

This letter is to formally request funding in the amount of \$30,000 from the Village of Downers Grove for support of the DuPage Senior Citizens Council (DSCC) programs that benefit "at risk" seniors with in your community.

Enclosed is a report that shows the services we provided to seniors in Lombard during our last fiscal year. As you know, the fiscal years for DSCC and the Village of Downers Grove overlap. However, regardless of the timeframe, the number of seniors we will serve during this next year will be slightly higher than the numbers in our report. We have also added a new service for seniors that we are calling "Friendly Visits & Assistance" which matches volunteers with seniors that need help with occasional tasks and would like some socialization.

DSCC truly appreciates our long-term and on-going partnership! On behalf of the aging population we serve, thank you for financially supporting our programs that enable our seniors to live with dignity and as much independence as possible.

If you have additional questions, please contact me directly at 630-546-0626. I look forward to talking with you soon.

Sincerely,



Marilyn Krolak
Executive Director

cc: David Fieldman, Village Manager
Judy Buttny, Finance Director
Trustees

Enclosures

DuPage Senior Citizens Council

Report & Proposal for Services Village of Downers Grove

History and Overview

Established in 1975, DSCC is a non-profit agency committed to seniors and operates several programs, including the *"Meals on Wheels"* program in DuPage County. Our mission is to promote the ability of elderly persons to live in dignity with as much independence as possible.

While much of American culture focuses on youth, DSCC advocates for the older generation who are the pillars of our society. These elderly persons have earned respect and deserve to live with dignity; however, many of them have become frail or otherwise lack the resources to provide for their own needs and rely on others for help.

Most of our clients are homebound seniors who live alone, and nearly 99% of them are at or below the poverty level. DSCC is a safety net for many individuals who might not otherwise eat a meal during the course of the day, have someone to help with a task or simply have someone to check in on them.

DSCC has historically received approximately half of its funding from federal and state grants, but that proportion has dropped substantially. **The State of Illinois continues to face a fiscal crisis jeopardizing state funding for community-based services. Municipality support is needed now more than ever to maintain service levels for seniors and avoid cutting critical lifesaving components.**

The following is our program descriptions and the number of services provided to the **Downers Grove** senior residents during our last fiscal year. Please note that these service numbers reflect a typical 12-month time frame, regardless of the fiscal year, is what we project during FY2018-2019.

DSCC Services

Home Delivered Meals ("Meals on Wheels") & Community Dining

- **22,200 meals to 230 unduplicated seniors**

Home Delivered Meals ("Meals on Wheels") are packed and delivered each weekday to frail and homebound seniors in Downers Grove by DSCC staff and volunteers who have been trained in food safety. Community Dining Sites located at the Embrace Living Communities Peace Memorial Manor and throughout DuPage County provide an opportunity for elderly persons to socialize, participate in activities, and receive valuable health and wellness information. All meals served are balanced, nutritious, and meet special dietary needs such as low sodium, vegetarian, or diabetic. Each meal is equivalent to 1/3 of the Reference Dietary Intake for adults 60 and over.

Health and Wellness Education

- **230 senior residents received information each month**

DSCC offers a variety of educational information regarding topics that are pertinent to elderly lifestyles and disseminates this information through monthly presentations at our Community Dining Sites, and special visits from our volunteers and staff to our homebound seniors. As seniors become aware of these preventive measures, they can help improve their health and wellness and avoid premature institutionalization.

Well Being Checks and Emergency Follow-Ups

- **10,700 Well Being Checks assuring the health and safety of senior residents**

With every service we provide, including Home Delivered Meals (“Meals on Wheels”) and our Home Maintenance services, our volunteers and staff conduct a daily **Well Being Check** which allows DSCC to observe any changes in a senior’s physical or mental health or physical surroundings. This value-added procedure results in several documented cases of staff and volunteers saving lives by finding a fallen or injured senior or uncovering a dangerous household situation. **Our Well Being Check provides a tremendous cost-savings to Downers Grove when compared to the cost of EMT services.**

Lastly, DSCC continues to implement an **Emergency Follow-Up** Procedure that accounts for any senior client that was expected to be at home, but was not. DSCC collaborates with your local police and fire department to account for every “missing” senior by the end of each business day.

Home Maintenance Program

- **30 Minor Home Repairs & Yard Clean Up Services**

DSCC’s Home Maintenance program provides low-cost **minor home repairs** which assist older persons with basic home responsibilities associated with daily living. Typical examples are repairing or replacing leaky faucets or toilets and installing smoke and carbon monoxide detectors, light fixtures, locks or deadbolts. Additional services which enhance seniors’ safety and security include installing bath benches, grab bars, and non-slip strips, as well as repairing and reinforcing walkway steps and stair railings. In cases where homes require larger repair services, DSCC offers estimates and provides **contractor referrals** to seniors.

Yard Clean Ups are another service in the category of home maintenance DSCC offers the elderly. For three weekends during the spring and again in the fall, groups of volunteers of all ages help seniors with various outside chores such as raking leaves, gardening, trimming shrubs, and other yard tasks.

NEW – Friendly Visits & Assistance - For help with smaller household tasks, companionship and socialization, DSCC has started offering our Friendly Visit & Assistance service. Many of our seniors just need a little help from time to time with taking out the garbage, moving furniture and heavy items, or getting Christmas decorations down from a shelf. At times, they may just need someone to talk to. DSCC completed several **Friendly Visits** to Downers Grove seniors during the past year and look forward to expanding this service during FY2018 – FY2019.

All of these services provides the assistance that enables seniors to keep up with the tasks of home ownership and increases their ability to remain in their homes.

Financial Support

In terms of improving quality of life and as basic need services, DSCC senior programs are priceless. The costs of these programs are covered through senior donations, DSCC’s on-going fundraising efforts, and partially through State and Federal funds. However, in view of the continuing State Budget Impasse, assistance from the Village of Downers Grove is needed to continue these programs.

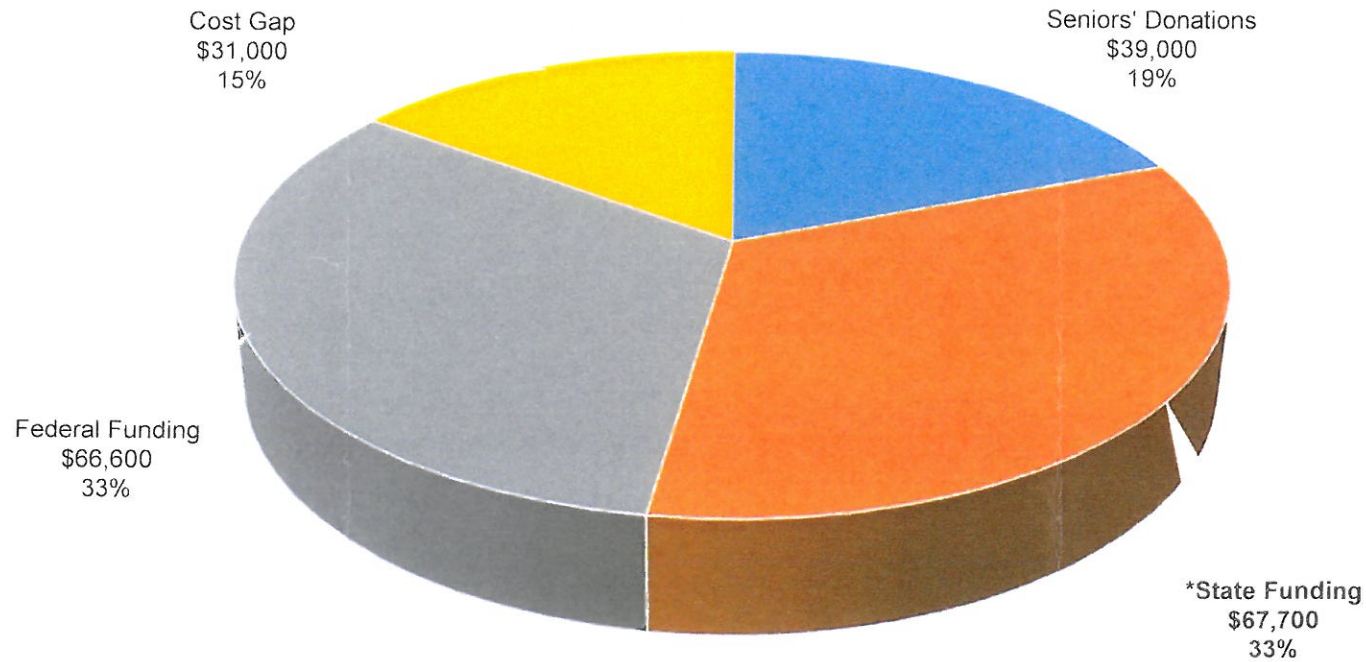
DSCC is proposing that the Village of Downers Grove continue to partner with DSCC and continue funding as you have done in previous years.

Our suggested amount for FY2018-2019 is \$30,000.

If you have any questions or need additional information, please contact us at 630-620-0804.

Cost Analysis - Downers Grove Senior Residents (60+) All Programs

DSCC Fiscal Year 2017 (10/1/16 – 9/30/17)



DuPage Senior Citizens Council

Providing Meals and More...

**Continued State Funding is not assured and subject to cuts which will increase the cost gap.*

Village of Downers Grove Contribution History

DuPage Senior Citizens Council's Fiscal Year	Contribution Received
FY 2006 (10/01/05 - 09/30/06)	\$ 38,799
FY 2007 (10/01/06 - 09/30/07)	\$ 38,795
FY 2008 (10/01/07 - 09/30/08)	\$ 39,674
FY 2009 (10/01/08 - 09/30/09)	\$ 39,674
FY 2010 (10/01/09 - 09/30/10)	\$ -
FY 2011 (10/01/10 - 09/30/11)	\$ -
FY 2012 (10/01/11 - 09/30/12)	\$ -
FY 2013 (10/01/12 - 09/30/13)	\$ -
FY 2014 (10/01/13 - 09/30/14)	\$ -
FY 2015 (10/01/14 - 09/30/15)	\$ 20,000
FY 2016 (10/01/15 - 09/30/16)	\$ 30,000
FY 2017 (10/01/16 - 09/30/17)	\$ 30,000
FY 2018 (10/01/17 - 09/30/18)	\$ -
FY 2019 (10/01/18 - 09/30/19)	\$ -
FY 2020 (10/01/19 - 09/30/20)	\$ -

Note: Per non-profit accounting principles, contributions are applied to the DSCC fiscal year in which they were received from or committed by the donor